МАУП

SYLLABUS OF THE ACADEMIC DISCIPLINE "GERONTOPSYCHOLOGY"

Specialty: **C4 Psychology**

Educational level: **first (bachelor's) level**

Educational program: **Psychology**

MAUP 2025

General information about the academic discipline

Name of the academic discipline	Gerontopsychology
Code and name of specialty	C4 Psychology
Level of higher education	First (bachelor's) level of higher education
Discipline status	selective
Number of credits and hours	3 credits/90 hours Lectures: 20 hours Practical classes: 14 hours Independent work: 56 hours
Term of study of the discipline	
Language of instruction	Ukrainian
Type of final control	test
Discipline page on the website	

General information about the teacher. Contact information

Academic degree	
Academic title	
Position	
Disciplines taught by the NPP	
Areas of scientific research	
Links to identifier registries for scientists	
Teacher contact information:	
Email:	
Contact phone number	
Teacher's portfolio on the department's website	

Course abstract. The course "Gerontopsychology" is aimed at forming in higher education students a systematic understanding of the psychological characteristics of a person in the late periods of ontogenesis, the patterns of mental development and aging, as well as the specifics of personal, cognitive and emotional changes in old age and senility. The discipline examines the theoretical and applied principles of gerontopsychology, psychosocial aspects of aging, problems of adaptation to age-related changes, preservation of psychological well-being, quality of life and active longevity. Particular attention is paid to the analysis of age-related crises of late life, the features of interpersonal interaction of older people, psychological support, prevention of age-related cognitive disorders, as well as ethical and professional aspects of working with the elderly.

Subject of study of the academic discipline: psychological patterns of aging and late ontogenesis, age-related changes in the cognitive, emotional-volitional and personal spheres, socio-psychological living conditions of the elderly, as well as methods of psychological assistance and support in old age.

Course objective: formation of students' professional knowledge and practical skills in understanding the psychology of aging, development of a tolerant and humanistic attitude towards the elderly, ability to provide psychological support, counseling and support to people of advanced age, taking into account their individual and social characteristics.

Objectives of the academic discipline:

1. Introducing students to the basic concepts, theories, and approaches of gerontopsychology.

2. Formation of understanding of the patterns of mental development and aging of the

individual.

3. Developing skills in analyzing psychological problems and needs of older people.

4. Acquiring skills to apply psychological methods of support, prevention of maladjustment and preservation of mental health.

5. Fostering ethical responsibility and professional culture in working with older people.

Prerequisites of the academic discipline.INThe study of the discipline "Gerontopsychology" is based on the knowledge obtained by students during the mastery of the courses "general psychology", "age psychology", "social psychology", "personality psychology", as well as other socio-humanitarian and professional disciplines.

Postrequisites of the academic discipline. Knowledge, skills, and competencies formed within the framework of the course "Gerontopsychology" are an important basis for the further professional development of students, successful mastery of applied psychological disciplines, practical activities in the field of psychological counseling, social work, and healthcare, as well as for the formation of a responsible and humanistic attitude to the problems of aging in modern society.

Software competencies:

General competencies	ZK1.Ability to apply knowledge in practical situations. ZK2.Knowledge and understanding of the subject area and understanding of professional activity. ZK3.Skills in using information and communication technologies. ZK6.Ability to make informed decisions. ZK8.Interpersonal skills. ZK10.The ability to exercise one's rights and responsibilities as a member of society, to realize the values of a civil (free democratic) society and the need for its sustainable development, the rule of law, and the rights and freedoms of man and citizen in Ukraine. ZK12.The ability to make decisions and act in accordance with the principle of non-acceptance of corruption and any other manifestations of dishonesty.
Special competencies	SK1. Ability to operate with the categorical and conceptual apparatus of psychology SK2. Ability to retrospectively analyze domestic and foreign experience in understanding the nature of the emergence, functioning, and development of mental phenomena. SK3. The ability to understand the nature of behavior, activities, and actions. SK6. Ability to independently plan, organize and conduct psychological research. SK8. Ability to organize and provide psychological assistance (individual and group). SK10.Ability to adhere to professional ethics. SK12. The ability to understand the social conditioning of the personality and the life path of the individual, as well as the role of the individual in the life activities of social organizations and communities. SK13. Ability to apply social-psychological concepts, concepts and theories to interpret social-psychological phenomena and processes. SK14. The ability to understand the patterns of interaction between individuals, social groups, and communities.
Learning outcomes	PR2 Understand the patterns and features of the development and functioning of mental phenomena in the context of professional tasks. PR3 Search for information from various sources, including using information and communication technologies, to solve professional

tasks.

PR9 To propose their own ways of solving psychological tasks and problems in the process of professional activity, to make and justify their own decisions regarding their solution.

PR10 Formulate an opinion logically and in an accessible way, discuss, defend one's own position, modify statements in accordance with the cultural characteristics of the interlocutor.

PR12 Develop and implement a program of psycho-prophylactic and educational activities, psychological assistance measures in the form of lectures, conversations, round tables, games, trainings, etc., in accordance with the requirements of the customer.

PR13 Interact, communicate, be understandable, and be tolerant of people with other cultural or gender-age differences.

PR15 Be responsible for professional self-improvement, training and self-development

PR17 Demonstrate socially responsible and conscious behavior, follow humanistic and democratic values in professional and social activities.

PR19 Analyze the socio-psychological characteristics of a person and create a socio-psychological portrait of a person.

PR 21. Implement programs for interpersonal and intergroup interaction that would contribute to a positive psychological microclimate in teams.

Content of the academic discipline

No.	Topic name	Number of hours, of which:			
		Lectures	Practical classes	Independent work	Teaching methods/assessment methods
1 semester					
Content module 1. Old age, social biological and psychological characteristics of people of advanced (senile) age					
Topic 1	Old age as a stage of human psychological development	2	1	6	Teaching methods:Problem-oriented lectures and seminars involve discussion of theoretical approaches to understanding old age, analysis of scientific concepts and real-life examples. Evaluation methods:oral questioning, participation in discussions, completion of analytical tasks and ongoing knowledge control.
Topic 2	Biological and social signs and factors of aging	2	2	6	Teaching methods:lectures with visualization elements, interdisciplinary data analysis, work with scientific sources; comparative analysis of biological and social factors of aging. Evaluation methods:testing, written assignments,

					assessment of independent work and student activity.
Topic 3	Features of the cognitive sphere of the elderly	2	1	6	Teaching methods:lectures, practical classes on the analysis of cognitive changes, case analysis and modeling of psychological diagnostic situations. Evaluation methods:analysis of situational tasks, oral responses, performance of individual tasks, ongoing control.
Topic 4	Age-related changes in personality. Personal factor in the aging process.	2	2	4	Teaching methods:analytical lectures, seminar discussions, reflective tasks, and analysis of biographical materials. Evaluation methods:discussion, essay writing, presentation of the results of independent work, oral interview.
Topic 5	Pathology and psychopathology in the elderly	2	1	6	Teaching methods:Lectures with elements of clinical analysis, consideration of typical cases, work with diagnostic criteria. Practical classes are aimed at developing skills in distinguishing between norm and pathology. Evaluation methods:testing, written assignments, case analysis, ongoing knowledge control.
Content module 2. Socio-psychological problems of the elderly					
Topic 6	The inner world of a person of later age	2	1	6	Teaching methods:lectures, seminars with elements of reflection, analysis of artistic and biographical materials, discussion of existential aspects of aging. Evaluation methods:oral answers, completion of creative and analytical tasks, participation in discussions.
Topic 7	Peculiarities of interpersonal relationships in old age	2	2	6	Teaching methods: andInteractive methods, group discussions, role-playing games, analysis of social situations. Evaluation methods:assessment of participation in practical

					classes, completion of situational tasks, presentation of group work.
Topic 8	Socio-psychological problems of the elderly at the current stage of the country's development	2	1	4	Teaching methods:lectures of a problematic nature, analysis of social cases, work with regulatory and statistical materials. Evaluation methods:preparation of analytical reports, written work, participation in discussions, ongoing control.
Topic 9	Methods of psychological rehabilitation of people of pre-retirement and retirement age	2	2	6	Teaching methods:practical classes, training exercises, modeling of professional situations, analysis of psychological rehabilitation programs. Evaluation methods:defense of practical tasks, evaluation of participation in trainings, written work, oral interview.
Topic 10	Socio-psychological preparation of a person for retirement	2	1	6	Teaching methods:lectures, practical classes, development of individual and group programs for preparing for the retirement period. Evaluation methods:defense of project works, presentations, evaluation of independent work, final knowledge control.
Modular test work					
Total:		**20**	**14**	**56**	
Form of control: credit					

Technical equipment and/or software

The educational process uses classrooms, a library, a multimedia projector and a computer for conducting lectures and seminars with presentation elements. Studying individual topics and completing practical tasks requires access to information from the World Wide Web, which is provided by a free Wi-Fi network.4.

Forms and methods of control

Monitoring the progress of students is divided into current and final (semester).

Current control is carried out during practical, laboratory and seminar classes, the purpose of which is to systematically check the understanding and assimilation of theoretical educational material, the ability to use theoretical knowledge when performing practical tasks, etc. The possibilities of current control are extremely wide: motivation for learning, stimulation of educational and cognitive activity, differentiated approach to learning, individualization of learning, etc.

Forms of student participation in the educational process that are subject to ongoing control:

- speech on the main issue;
- oral report;
- addition, question to the person answering;
- systematic work in seminar classes, activity during discussion of issues;
- participation in discussions, interactive forms of organizing classes;
- analysis of legislation and monographic literature;
- written assignments (tests, quizzes, creative works, essays, etc.);
- preparation of theses, abstracts of educational or scientific texts;
- independent study of topics.

Monitoring the progress of students is divided into current and final.

Methods of current control: oral control (survey, conversation, report, message, etc.); written control (test work, essay, presentation of material on a given topic in writing, etc.); combined control; presentation of independent work; observation as a control method; test control; problem situations.

Evaluation system and requirements

Table of distribution of points received by higher education applicants*

	Current knowledge control										Modular test work	Credit	Total points
Topics	Topic 1	Topic 2	Topic 3	Topic 4	Topic 5	Topic 6	Topic 7	Topic 8	Topic 9	Topic 10	20	20	100
Work in a seminar class	3	3	3	3	3	3	3	3	3	3			
Independent work	3	3	3	3	3	3	3	3	3	3			

*The table contains information about the maximum points for each type of academic work of a higher education applicant.

When assessing the mastery of each topic for current educational activities, the student is given grades taking into account the approved assessment criteria for the relevant discipline.

The criteria for assessing the learning outcomes of students and the distribution of points they receive are regulated by the Regulations on the Assessment of Academic Achievements of Students of Higher Education at PJSC "Higher Education Institution "MAUP".

Module control is carried out in the last lesson of the module in written form, in the form of testing.

Evaluation criteria for the modular test in the academic discipline "Gerontopsychology":

When evaluating a module test, the volume and correctness of the tasks are taken into account:

– The grade "excellent" (A) is given for the correct completion of all tasks (or more than 90% of all tasks);

– A "good" (B) grade is given for completing 80% of all tasks;

– A grade of "good" (C) is given for completing 70% of all tasks;

– a grade of "satisfactory" (D) is given for the correct completion of 60% of the proposed tasks;

– The grade "satisfactory" (E) is given if more than 50% of the proposed tasks are completed correctly;

– An "unsatisfactory" (FX) grade is given if less than 50% of the tasks are completed.

Failure to appear for a module test - 0 points.

The above scores are converted into rating points as follows:

"A" – 18–20 points;

"B" – 16–17 points;

"C" – 14–15 points;

"D" – 12–13 points.

"E" – 10–11 points;

"FX" - less than 10 points.

The final semester assessment in the discipline "Gerontopsychology" is a mandatory form of assessing students' learning outcomes. It is conducted within the time frame specified in the curriculum and covers the scope of material specified in the course program.

The final assessment is carried out in the form of a test. A student who has completed all the required work is allowed to take the semester assessment.

The final grade is based on the student's performance during the semester. The student's grade consists of points accumulated from the results of the current assessment and incentive points.

Students who have completed all required assignments and received a score of 60 points or higher receive a grade corresponding to the grade received without additional testing.

For students who have completed all the required tasks but received a score below 60 points, as well as for those who wish to improve their score (result), the teacher conducts a final work in the form of a test during the last scheduled lesson in the discipline in the academic semester.

Evaluation of additional (individual) types of educational activities.Evaluation of additional (individual) types of educational activities. Additional (individual) types of educational activities include the participation of applicants in scientific conferences, scientific circles of applicants and problem groups, preparation of publications, participation in All-Ukrainian Olympiads and competitions and International competitions, etc. in excess of the tasks established by the relevant work program of the academic discipline.

By decision of the department, students who participated in research work and performed certain types of additional (individual) educational activities may be awarded incentive (bonus) points for a specific educational component.

Assessment of independent work

The total number of points received by a student for completing independent work is one of the components of academic success in the discipline. Independent work on each topic, in accordance with the course program, is evaluated in the range from 0 to 3 points using standardized and generalized knowledge assessment criteria.

Scale for evaluating the performance of independent work (individual tasks) evaluation criteria.

Maximum possible assessment of independent work (individual tasks)	Execution level			
	Perfectly	Good	Satisfactorily	Unsatisfactorily
3	3	2	1	0

Forms of assessment include: ongoing assessment of practical work; ongoing assessment of knowledge acquisition based on oral responses, reports, presentations and other forms of participation during practical (seminar) classes; individual or group projects requiring the development of practical skills and competencies (optional format); solving situational tasks;

preparing summaries of independently studied topics; testing or written exams; preparing draft articles, conference abstracts and other publications; other forms that ensure comprehensive mastery of the curriculum and contribute to the gradual development of skills for effective independent professional (practical, scientific and theoretical) activity at a high level.

To assess the learning outcomes of a higher education applicant during the semester, a 100-point, national and ECTS assessment scale is used.

Final assessment scale: national and ECTS

Total points for all types of learning activities	ECT8 assessment	National scale assessment	
		for exam, course project (work), practice	for credit
90 – 100	AND	perfectly	Enrolled
82-89	IN	good	
75-81	WITH		
68-74	D	satisfactorily	
60-67	THERE		
35-59	FX	unsatisfactory with the possibility of reassembly	not accepted with the possibility of retaking
0-34	F	unsatisfactory with mandatory re-study of the discipline	not passed with mandatory re-study of the discipline

Course policy

To successfully complete the course "Gerontopsychology", the student must:

– regularly attend lectures and practical classes;

– to work systematically, systematically and actively in lectures and practical classes;

– to make up for missed classes or unsatisfactory grades received in classes;

– to fully perform the tasks that the teacher requires to prepare, their quality is appropriate;

– perform control and other independent work;

– adhere to the norms of academic conduct and ethics.

The course "Gerontopsychology" involves the assimilation and observance of the principles of ethics and academic integrity, in particular, an orientation towards preventing plagiarism in any of its manifestations: all works, reports, essays, abstracts and presentations must be original and authorial, not overloaded with quotations, and must be accompanied by references to primary sources. Violations of academic integrity are considered to be: academic plagiarism, self-plagiarism, fabrication, falsification, copying, deception, bribery, and biased evaluation.

The assessment of the student is focused on receiving points for activity in seminar classes, completing tasks for independent work, as well as completing tasks that are capable of developing practical skills and abilities for which, at the teacher's decision, additional (bonus) points may be awarded (participation in round tables, scientific conferences, olympiads and scientific competitions among students).

Recommended sources of information:
Main sources:

1. Bocheliuk V., Cherepiekhina O. Gerontopsychology. Textbook. Kyiv: Svarog, 2023.

2. Garkavenko N.V., Sobkova S.I. Social psychology of late adulthood: a textbook. Chernivtsi: Chernivtsi. nat. ut-t, 2020. 240 p.

3.   Dolynska L.V., Spivak L.M. Gerontopsychology: Practical course. Reading material. Textbook. 2nd ed. Recommended by the Ministry of Education and Science of Ukraine. Kyiv: Karavela, 2023. 248 p.

4.   Pavelkiv R.V. Gerontopsychology: medical-biological and socio-psychological aspects of aging: a manual for students of psychology, medicine and law / R.V. Pavelkiv, E.M. Kharchenko. Kyiv; Center for Educational Literature, 2020. 476 p.

5.   Pomytkin E.O., Rybalka V.V. Gerontopsychology of personality training in the elderly: manual; edited by Rybalka V.V. K.: Talkom, 2020. 184 p.

Additional:

6.   Kordunova N. O., Rychko Yu. Age-related features of individual loneliness. Social adaptation of the individual in modern society, orthobiosis and palliative care from the cycle: Psychological components of sustainable development of society: search for psychological justification and challenges of modernity. Mater. VIII scientific-practical online conference (with international participation) (December 10-12, 2021, Lutsk). Lutsk: Lesya Ukrainka National University, 2021. P. 101-106. URL:https://www.inforum.in.ua/conferences/26).

7.   Kryshtal M. A., Spirkina O. O., Fomych M. V. Age psychology and gerontopsychology: a course of lectures. Cherkasy: CHIPB named after Heroes of Chernobyl, National Academy of Sciences of Ukraine, 2020. 343 p.

8.   Tytarenko T. The Trials of Crisis. The Odyssey of Overcoming: A Textbook for Higher Education Institutions. 3rd ed., supplement. Kyiv: Karavela, 2021. 248 p.

Internet information resources

9.   D.F. Chebotaryov Institute of Gerontology of the National Academy of Medical Sciences of UkraineURL:https://ig.org.ua/

10.   V. O. Sukhomlynsky State Scientific and Pedagogical Library of Ukraine URL:https://dnpb.gov.ua/ua/

11.   www.ncuxo.org.ua– electronic encyclopedia of psychology.

12.   www.nbuv.gov.ua– Vernadsky National Library of Ukraine.