

**PJSC "Higher Education Institution "INTERREGIONAL  
ACADEMY OF PERSONNEL MANAGEMENT"**



***SYLLABUS OF THE ACADEMIC DISCIPLINE  
"NEUROTIC PERSONALITY DISORDERS"***

Specialty: **C4 Psychology**

Educational level: **first (bachelor's) level**

Educational  
program: **Psychology**

## General information about the academic discipline

Name of the academic discipline	Neurotic personality disorders
Code and name of specialty	C4
Level of higher education	First (bachelor's) level of higher education
Discipline status	selective
Number of credits and hours	3 credits/90 hours. Lectures: 20 hours. Practical classes: 14 hours. Independent work: 56 hours.
Term of study of the discipline	
Language of instruction	Ukrainian
Type of final control	Credit
Discipline page on the website	

## General information about the teacher. Contact information

Academic degree	
Academic title	
Position	
Disciplines taught by the NPP	
Areas of scientific research	
Links to identifier registries for scientists	
Teacher contact information:	
Email:	
Contact phone number	
Teacher's portfolio on the department's website	

### Course abstract.

The academic discipline belongs to the elective disciplines of the professional training cycle, the study of which is provided for in the educational and professional program for training specialists with an educational degree of bachelor. The study of the discipline will contribute to the practical training of psychologists in providing psychological assistance to individuals in solving various problems of life in difficult economic and socio-psychological conditions, conflict situations.

### Subject of study of the academic discipline:

patterns of occurrence, development and therapy of neurotic disorders, their structure, dynamics and functions, as well as psychological, social and behavioral mechanisms of intrapersonal conflicts, strategies and styles of coping behavior, methods of prevention, management and constructive resolution of intrapersonal conflicts and neurotic states.

**Course objective:** familiarization with the main definitions of this field of knowledge, the main causes and conditions for the emergence and manifestation of psychological disorders, the features of working with people with manifestations of psychological disorders, organization and conduct of psychological examination and correction

### Objectives of the academic discipline:

- to introduce the basic concepts of this course;
- to familiarize with the history of development and the process of formation of psychological personality disorders;
- to reveal the main trends in the development of the psychology of disorders at the present stage;
- to introduce modern research methods and principles;
- describe the features of working with individuals who have deviations in mental and physical development;
- to develop the ability to use scientific and methodological literature in this discipline

**Prerequisites for the academic discipline:**

The course "Neurotic Personality Disorders" is directly related to the disciplines: "Pathopsychology with the basics of defectology", "Biology, human genetics and anthropology", "General psychology", "Family psychology", "Psychophysiology", "Psychological counseling", "Psychocorrection" and others.

**Postrequisites of the academic discipline:**

acquired knowledge and practical skills that are used during the study of crisis psychology, psychological counseling and coaching, as well as in the professional activities of specialists in the socio-psychological and educational fields

**Software competencies:**

<b>General competencies</b>	GC1. Ability to apply knowledge in practical situations. GC2. Ability to conduct research at an appropriate level. GC4. The ability to learn and master modern knowledge. GC6. Ability to make informed decisions. GC7. The ability to act socially responsibly and consciously.
<b>Special competencies</b>	SC3. The ability to understand the nature of behavior, activities, and actions. SC4. Ability to carry out practical activities (training, psychotherapeutic, consulting, psychodiagnostic and other depending on specialization) using scientifically verified methods and techniques. SC7. Ability to make professional decisions in difficult and unpredictable conditions, to adapt to new situations of professional activity. SC9. The ability to adhere to the norms of professional ethics and be guided by universal human values in professional activities.
<b>Learning outcomes</b>	PLO1. Critically understand, select, and use the necessary scientific, methodological, and analytical tools for management in unpredictable conditions. RLO11 Develop and implement a plan for the consultative process, taking into account the specifics of the request and the individual characteristics of the client, and ensure the effectiveness of one's own actions.

## Content of the academic discipline

No.	Topic name	Number of hours, of which:			Teaching methods/assessment methods		
		Lectures	Practical classes	Independent work			
<b>1 semester</b>							
<b>Content module 1.</b> Basics of classification of mental illnesses. Emotional and mood disorders							
Topic 1	1. Manifestation of mental norms and pathologies	2	1	6	<b>Teaching methods:</b> verbal (teaching lecture; conversation; educational discussion); inductive method; deductive method; translational method; analytical; synthetic; practical (working with plots of legal cases); explanatory-illustrative; reproductive; problem-based presentation method; partially search; research; interactive methods (situation analysis; discussions, debates, polemics; dialogue, synthesis of thoughts; brainstorming; skills development; situational modeling, processing of discussion questions); modeling of professional activity; innovative teaching methods (competence-based; project-research); case method. <b>Evaluation methods:</b> oral control (oral survey, assessment of participation in discussions, other interactive learning methods); written control (tests, independent work, essays); test control (closed-form tests: test-alternative, test-correspondence); method of self-control and self-assessment; evaluation of case tasks.		
Topic 2	2. Pathological and pathopsychological characteristics of cognitive processes	2	2	6			
Topic 3	3. The concept of trauma and stress	2	1	6			
Topic 4	4. Neurotic disorders are related to stress	2	2	4			
Topic 5	5. Psychoanalysis and positive psychotherapy in working with neurotic disorders	2	1	6			
<b>Content module 2.</b> Personality disorders							
Topic 6	6. Psychological parameters of personality.	2	1	6			
Topic 7	7. History of research on personality disorders.	2	2	6			
Topic 8	8. Etiology and pathogenesis of personality disorders.	2	1	4			
Topic 9	9. Etiology and pathogenesis of personality disorders.	2	2	6			
Topic 10	10. Psychological diagnostics of personality disorders.	2	1	6			
Modular test work							

<b>Total:</b>	<b>20</b>	<b>14</b>	<b>56</b>	
<b>Form of control: credit</b>				

### **Technical equipment and/or software**

The educational process uses classrooms, a library, a multimedia projector and a computer for conducting lectures and seminars with presentation elements. Studying individual topics and completing practical tasks requires access to information from the World Wide Web, which is provided by a free Wi-Fi network.<sup>4</sup>

### **Forms and methods of control**

Monitoring the progress of students is divided into current and final (semester).

Current control is carried out during practical, laboratory and seminar classes, the purpose of which is to systematically check the understanding and assimilation of theoretical educational material, the ability to use theoretical knowledge when performing practical tasks, etc. The possibilities of current control are extremely wide: motivation for learning, stimulation of educational and cognitive activity, differentiated approach to learning, individualization of learning, etc.

Forms of student participation in the educational process that are subject to ongoing control:

- speech on the main issue;
- oral report;
- addition, question to the person answering;
- systematic work in seminar classes, activity during discussion of issues;
- participation in discussions, interactive forms of organizing classes;
- analysis of legislation and monographic literature;
- written assignments (tests, quizzes, creative works, essays, etc.);
- preparation of theses, abstracts of educational or scientific texts;
- independent study of topics.

Monitoring the progress of students is divided into current and final.

Methods of current control: oral control (survey, conversation, report, message, etc.); written control (test work, essay, presentation of material on a given topic in writing, etc.); combined control; presentation of independent work; observation as a control method; test control; problem situations.

### **Evaluation system and requirements**

#### **Table of distribution of points received by higher education applicants\***

Topics	Current knowledge control										<b>Modular test work</b>	<b>Credit</b>	<b>Total points</b>
	Topic 1	Topic 2	Topic 3	Topic 4	Topic 5	Topic 6	Topic 7	Topic 8	Topic 9	Topic 10			
Topics	3	3	3	3	3	3	3	3	3	3	20	20	100
Work in a seminar class	3	3	3	3	3	3	3	3	3	3			
Independent work	3	3	3	3	3	3	3	3	3	3			

\*The table contains information about the maximum points for each type of academic work of a higher education applicant.

When assessing the mastery of each topic for current educational activities, the student is given grades taking into account the approved assessment criteria for the relevant discipline.

The criteria for assessing the learning outcomes of students and the distribution of points they receive are regulated by the Regulations on the Assessment of Academic Achievements of Students of Higher Education at PJSC "Higher Education Institution "MAUP".

Module control is carried out in the last lesson of the module in written form, in the form of testing.

Evaluation criteria for the modular test in the academic discipline "Neurotic Personality Disorders":

When evaluating a module test, the volume and correctness of the tasks are taken into account:

- the grade "excellent" (A) is given for the correct completion of all tasks (or more than 90% of all tasks);

- a grade of "good" (B) is given for completing 80% of all tasks;

- a grade of "good" (C) is given for completing 70% of all tasks;

- a grade of "satisfactory" (D) is given for the correct completion of 60% of the proposed tasks;

- the grade "satisfactory" (E) is given if more than 50% of the proposed tasks are completed correctly;

- an "unsatisfactory" (FX) grade is given if less than 50% of the tasks are completed.

Failure to appear for a module test - 0 points.

The above scores are converted into rating points as follows:

"A" - 18-20 points;

"B" - 16-17 points;

"C" - 14-15 points;

"D" - 12-13 points.

"E" - 10-11 points;

"FX" - less than 10 points.

The final semester assessment in the discipline "Neurotic Personality Disorders" is a mandatory form of assessing student learning outcomes. It is conducted within the time frame specified in the curriculum and covers the scope of material specified in the course program.

The final assessment is carried out in the form of a test. A student who has completed all the required work is allowed to take the semester assessment.

The final grade is based on the student's performance during the semester. The student's grade consists of points accumulated from the results of the current assessment and incentive points.

Students who have completed all required assignments and received a score of 60 points or higher receive a grade corresponding to the grade received without additional testing.

For students who have completed all the required tasks but received a score below 60 points, as well as for those who wish to improve their score (result), the teacher conducts a final work in the form of a test during the last scheduled lesson in the discipline in the academic semester.

**Evaluation of additional (individual) types of educational activities.** Evaluation of additional (individual) types of educational activities. Additional (individual) types of educational activities include the participation of applicants in scientific conferences, scientific circles of applicants and problem groups, preparation of publications, participation in All-Ukrainian Olympiads and competitions and International competitions, etc. in excess of the tasks established by the relevant work program of the academic discipline.

By decision of the department, students who participated in research work and performed certain types of additional (individual) educational activities may be awarded incentive (bonus) points for a specific educational component.

#### **Assessment of independent work**

The total number of points received by a student for completing independent work is one of the components of academic success in the discipline. Independent work on each topic, in

accordance with the course program, is evaluated in the range from 0 to 3 points using standardized and generalized knowledge assessment criteria.

**Scale for evaluating the performance of independent work (individual tasks) evaluation criteria.**

Maximum possible assessment of independent work (individual tasks)	Execution level			
	Perfectly	Good	Satisfactorily	Unsatisfactorily
3	3	2	1	0

Forms of assessment include: ongoing assessment of practical work; ongoing assessment of knowledge acquisition based on oral responses, reports, presentations and other forms of participation during practical (seminar) classes; individual or group projects requiring the development of practical skills and competencies (optional format); solving situational tasks; preparing summaries of independently studied topics; testing or written exams; preparing draft articles, conference abstracts and other publications; other forms that ensure comprehensive mastery of the curriculum and contribute to the gradual development of skills for effective independent professional (practical, scientific and theoretical) activity at a high level.

To assess the learning outcomes of a higher education applicant during the semester, a 100-point, national and ECTS assessment scale is used.

**Final assessment scale: national and ECTS**

Total points for all types of learning activities	ECT8 assessment	National scale assessment	
		for exam, course project (work), practice	for credit
90 – 100	AND	perfectly	Enrolled
82-89	IN	good	
75-81	WITH		
68-74	D	satisfactorily	
60-67	THERE		
35-59	FX	unsatisfactory with the possibility of reassembly	
0-34	F	unsatisfactory with mandatory re-study of the discipline	

**Course policy**

For successful completion of the course "Neurotic personality disorders" the student must:

- regularly attend lectures and practical classes;
- work systematically, systematically and actively in lectures and practical classes;
- make up for missed classes or unsatisfactory grades received in classes;
- to fully perform the tasks that the teacher requires to prepare, their quality is appropriate;
- perform control and other independent work;
- adhere to the norms of academic conduct and ethics.

The course "Neurotic Personality Disorders" involves the assimilation and observance of the principles of ethics and academic integrity, in particular, an orientation towards the prevention of plagiarism in any of its manifestations: all works, reports, essays, abstracts and presentations must be original and authorial, not overloaded with quotations, and must be accompanied by references

to primary sources. Violations of academic integrity are considered to be: academic plagiarism, self-plagiarism, fabrication, falsification, copying, deception, bribery, and biased evaluation. The assessment of the student is focused on receiving points for activity in seminar classes, completing tasks for independent work, as well as completing tasks that are capable of developing practical skills and abilities for which, at the teacher's decision, additional (bonus) points may be awarded (participation in round tables, scientific conferences, olympiads and scientific competitions among students).

### **Recommended sources of information:**

#### **Main sources:**

1. Hupalovska V., Avramenko O. Sexual scripts of persons with different types of sex education // EUROPEAN HUMANITIES STUDIES: State and Society. – Krakow, 2020. – Issue 2. – P. 58-65. Access mode: <https://doi.org/10.38014/ehs-ss.2020.2.05> Index Sorernicus International
2. Shevtsov A.G., Gupalovska V.A. Psychosemantic content of the concept of sexuality in the linguistic consciousness of adults. Psycholinguistics. Psycholinguistics (2020), 27 (1), 310–334. doi: 10.31470/2309-1797- 2020-27-1-310-334 Web of Science
3. Dutkevych T.V. General Psychology. Theoretical Course. Kyiv: Center for Educational Literature, 2019. 388p.
4. Mitina S.V. Personality Psychology. – K.: Lira-K, 2020. 274p.
5. Moskalets V.P. Personality Psychology. – Kyiv: Center for Educational Literature, 2019. 262p.
6. Turinina O. L. Methodology and methods of psychological research: teaching-methodological manual. O. L. Turinina. Kyiv: DP “Publishing house “Personal”, 2018. 206 p.
7. Diagnostic criteria and principles of treatment of mental and behavioral disorders in children and adolescents: Clinical manual. — Kharkiv: Folio, 2001. — 271 p.
8. Psychiatry of a special period: a textbook / 2nd ed., revised and supplemented. — Kyiv: “MP Lesya”, 2015. — 228 p.
9. Shestopalova L. F. General principles and approaches to treatment and rehabilitation measures for people who have experienced various extreme events / Shestopalova L. F., Kozhevnikova V. A., Bolotov D. M. // Ukrainian Bulletin of Psychoneurology. — 2007. — Vol. 15, issue 1 (50), supplement.
10. Psychiatry and narcology: a textbook for students of higher medical schools / G. T. Sonnyk [and others]; edited by O. K. Napreenko. - K.: VSV Medicine, 2015. - 424 p.
11. Psychiatry and narcology: textbook / V. L. Havenko [and others]; ed.: V. L. Havenko, V. S. Bitensky. - 2nd ed., revised and supplemented - K.: VSV Medicine, 2015. - 512 p.
12. Neurotic, stress-related and somatoform disorders (psychiatry course): lecture material. – Zaporizhzhia, 2019.

#### **Additional:**

1. Bushueva T., Averyanova A. Cognitive style and attentional properties of the individual. Scientific journal of the NPU named after M. P. Dragomanov. Series 12. Psychological sciences. Issue 11(56). 2020.
2. Kuznetsov O., Platkovska O., Savchenko I. Psychological resources of personal self-development of the individual. – Bulletin of the KhNPU named after G.S. Skovoroda “Psychology”, 2020, 318 p.
3. Palamarchuk O. Korotsinska Yu. Technologies for the development of emotional self-regulation in adolescents. Scientific Bulletin of Mukachevo State University. Mukachevo, 2020. Issue 1. Pp. 266–269.

4. Self-management: a textbook / G. Z. Leskiv, G. Ya. Levkiv, M. M. Blikhar, V. V. Gobela, O. P. Podra, G. V. Koval. Lviv: Lviv State University of Internal Affairs, 2021. 280 p.
5. Kokun O.M., Agayev N.A., Pishko I.O., Lozinska N.S. Fundamentals of psychological knowledge about mental disorders for a military psychologist. Methodological manual. — Kyiv: Research and Development Center of the Armed Forces of Ukraine, 2018. — 310 p.
6. Diagnostics, therapy and prevention of medical-psychological consequences of combat actions in modern conditions: methodological recommendations. / Voloshyn P. V., Maruta N. O., Shestopalova L. F. [et al.] - Kharkiv, 2014. -79 p.
7. State Formulary of Medicines. Sixth Edition / Chapter 5 (Psychiatry, Narcology, Medicines). — 2014. — P. 311–408
8. Adaptation disorders: diagnostics, treatment, rehabilitation: methodological recommendations / compiled by: Voloshyn P. V., Maruta N. O., Shestopalova L. F. and others. — Kharkiv, 2009. — 32 p.
9. Sarzhevsky S. N. Psychogenics: a textbook for 4th year students of medical faculties majoring in "Medicine". – Zaporizhzhia, 2019. – 70 p.

#### **Information resources**

1. <https://pidruchniki.com/1584072037180/psihologiya/psihologiya>
2. <https://subject.com.ua/pdf/25.html>