

**PJSC "Higher Education Institution "INTERREGIONAL ACADEMY OF  
PERSONNEL MANAGEMENT"**



МАУП

***SYLLABUS OF THE ACADEMIC DISCIPLINE  
«SUICIDOLOGY»***

Specialty: **C4 Psychology**  
Educational level: **first (bachelor's) level**  
Educational program: **Psychology**

### General information about the academic discipline

Name of the academic discipline	Suicidology
Code and name of specialty	C4
Level of higher education	First (bachelor's) level of higher education
Discipline status	selective
Number of credits and hours	3 credits/90 hours. Lectures: 20 hours. Practical classes: 14 hours. Independent work: 56 hours.
Term of study of the discipline	
Language of instruction	Ukrainian
Type of final control	Credit
Discipline page on the website	

### General information about the teacher. Contact information

Academic degree	
Academic title	
Position	
Disciplines taught by the NPP	
Areas of scientific research	
Links to identifier registries for scientists	
Teacher contact information:	
Email:	
Contact phone number	
Teacher's portfolio on the department's website	

### Course abstract.

The academic discipline "Suicidology" belongs to the elective disciplines of the professional training cycle, the study of which is provided for in the educational and professional program for training specialists with an educational degree - bachelor. The discipline is studied at the final stage of student training in order to form the future professional competence of a psychologist in interacting with suicidal clients.

**Subject of study of the academic discipline:** The subject of study of suicidology is the psychological, social, biological and cultural patterns of human suicidal behavior, including the causes, risk factors and protective factors of suicide, the mechanisms of formation of suicidal intentions and crisis states, as well as the peculiarities of experiencing loss and post-suicidal reactions. Suicidology studies the manifestations of suicidal behavior at different stages of life, methods of its diagnosis, prevention, crisis intervention and psychological support in order to preserve life, mental health and social well-being of the individual.

**Course objective:** familiarization of students with the concept of suicidal behavior, formation of scientific ideas about the emergence and dynamics of its main clinical forms, understanding of the socio-psychological mechanisms and biological prerequisites of suicide and its prevention.

**Objectives of the academic discipline:**

- mastering the categorical apparatus of the psychology of suicidal behavior;
- familiarization with the methodology of the main schools and approaches to the causes and classification of suicides;
- formation of thoroughbred knowledge about the main types of suicidal behavior and their manifestations;
- practical mastery of techniques for psychological correction of suicidal behavior.

**Prerequisites for the academic discipline:** Academic disciplines, knowledge of which is necessary for mastering the course "Suicidology": general psychology, personality psychology, age psychology, social psychology, clinical psychology, psychopathology, fundamentals of psychiatry, psychology of crisis states, ethics of professional activity of a psychologist, fundamentals of psychodiagnostic.

**Postrequisites of the academic discipline:** academic disciplines and areas of professional training for which "Suicidology" is the theoretical and practical basis: crisis psychological counseling, psychotherapy and psychocorrection, psychology of trauma and PTSD, medical and psychological rehabilitation, clinical and emergency psychological intervention, psychological support of individuals in crisis and post-crisis states, practical activities of a psychologist in the field of mental health care.

**Software competencies:**

<b>General competencies</b>	GC1. Ability to apply knowledge in practical situations. GC4. Ability to identify, pose, and solve problems. GC7. The ability to act socially responsibly and consciously. GC8. Interpersonal interaction skills.
<b>Special competencies</b>	SC3. The ability to understand the nature of behavior, activities, and actions. SC5. Ability to use valid and reliable psychodiagnostic tools. SC7. Ability to analyze and systematize the results obtained, formulate reasoned conclusions and recommendations.
<b>Learning outcomes</b>	PLO1 Analyze and explain mental phenomena, identify psychological problems and suggest ways to solve them PLO2 Understand the patterns and features of the development and functioning of mental phenomena in the context of professional tasks PLO13 Interact, communicate, be understandable, and be tolerant of people with other cultural or gender-age differences. PLO18 Take effective measures to preserve health (one's own and those around them) and, if necessary, determine the content of a request for supervision. PLO 19 Analyze the socio-psychological characteristics of a person and create a socio-psychological portrait of a person.

## Content academic discipline

No.	Topic name	Number of hours, of which:			Teaching methods/assessment methods
		Lectures	Practical classes	Independent work	
1 semester Content module 1. Fundamentals of suicidology as a scientific field of knowledge					Teaching methods:verbal (teaching lecture; conversation; educational discussion); inductive method; deductive method; translational method; analytical; synthetic; practical (working with plots of legal cases); explanatory-illustrative; reproductive; problem-based presentation method; partially search; research; interactive methods (situation analysis; discussions, debates, polemics; dialogue, synthesis of thoughts; brainstorming; skills development; situational modeling, processing of discussion questions); modeling of professional activity; innovative teaching methods (competence-based; project-research); case method. Evaluation methods:oral control (oral survey, assessment of participation in discussions, other interactive learning methods); written control (tests, independent work, essays); test control (closed-form tests: test-alternative, test-correspondence); method of self-control and self-assessment; evaluation of case tasks.
Topic 1	Suicidology as an interdisciplinary system of knowledge	2	1	6	
Topic 2	Historical development of views on the problem of suicide in works philosophers, sociologists and psychologists	2	2	6	
Topic 3	Causes of the formation and manifestations of suicidal behavior	2	1	6	
Topic 4	Adolescent suicide: specifics of motivation and manifestations	2	2	4	
Topic 5	Defining suicidal risk.	2	1	6	
Content module 2.Basics of suicide prevention					
Topic 6	Main areas of prevention suicide.	2	1	6	
Topic 7	Individual psychotherapy crisis psychotherapy program.	2	2	6	
Topic 8	Rules for counseling persons who are trying to commit suicide.	2	1	4	
Topic 9	Prevention of secondary suicides.	2	2	6	
Topic 10	Self-help training.	2	1	6	
Modular test work					
Total:		20	14	56	

### Technical equipment and/or software

The educational process uses classrooms, a library, a multimedia projector and a computer for conducting lectures and seminars with presentation elements. Studying individual topics and completing practical tasks requires access to information from the World Wide Web, which is provided by a free Wi-Fi network.<sup>4</sup>

### Forms and methods of control

Monitoring the progress of students is divided into current and final (semester).

Current control is carried out during practical, laboratory and seminar classes, the purpose of which is to systematically check the understanding and assimilation of theoretical educational material, the ability to use theoretical knowledge when performing practical tasks, etc. The possibilities of current control are extremely wide: motivation for learning, stimulation of educational and cognitive activity, differentiated approach to learning, individualization of learning, etc.

Forms of student participation in the educational process that are subject to ongoing control:

- speech on the main issue;
- oral report;
- addition, question to the person answering;
- systematic work in seminar classes, activity during discussion of issues;
- participation in discussions, interactive forms of organizing classes;
- analysis of legislation and monographic literature;
- written assignments (tests, quizzes, creative works, essays, etc.);
- preparation of theses, abstracts of educational or scientific texts;
- independent study of topics.

Monitoring the progress of students is divided into current and final.

Methods of current control: oral control (survey, conversation, report, message, etc.); written control (test work, essay, presentation of material on a given topic in writing, etc.); combined control; presentation of independent work; observation as a control method; test control; problem situations.

### Evaluation system and requirements

**Table of distribution of points received by higher education applicants\***

	Current knowledge control										Modular test work	Credit	Total points
Topics	Topic 1	Topic 2	Topic 3	Topic 4	Topic 5	Topic 6	Topic 7	Topic 8	Topic 9	Topic 10	20	20	100
Work in a seminar class	3	3	3	3	3	3	3	3	3	3			
Independent work	3	3	3	3	3	3	3	3	3	3			

\*The table contains information about the maximum points for each type of academic work of a higher education applicant.

When assessing the mastery of each topic for current educational activities, the student is given grades taking into account the approved assessment criteria for the relevant discipline.

The criteria for assessing the learning outcomes of students and the distribution of points they

receive are regulated by the Regulations on the Assessment of Academic Achievements of Students of Higher Education at PJSC "Higher Education Institution "MAUP".

Module control is carried out in the last lesson of the module in written form, in the form of testing.

Evaluation criteria for the module test in the academic discipline "Suicidology":

When evaluating a module test, the volume and correctness of the tasks are taken into account:

- the grade "excellent" (A) is given for the correct completion of all tasks (or more than 90% of all tasks);

- a grade of "good" (B) is given for completing 80% of all tasks;

- a grade of "good" (C) is given for completing 70% of all tasks;

- a grade of "satisfactory" (D) is given for the correct completion of 60% of the proposed tasks;

- the grade "satisfactory" (E) is given if more than 50% of the proposed tasks are completed correctly;

- an "unsatisfactory" (FX) grade is given if less than 50% of the tasks are completed.

Failure to appear for a module test - 0 points.

The above scores are converted into rating points as follows:

"A" - 18-20 points;

"B" - 16-17 points;

"C" - 14-15 points;

"D" - 12-13 points.

"E" - 10-11 points;

"FX" - less than 10 points.

The final semester assessment in the discipline "Suicidology" is a mandatory form of assessing students' learning outcomes. It is conducted within the time frame specified in the curriculum and covers the scope of material specified in the course program.

The final assessment is carried out in the form of a test. A student who has completed all the required work is allowed to take the semester assessment.

The final grade is based on the student's performance during the semester. The student's grade consists of points accumulated from the results of the current assessment and incentive points.

Students who have completed all required assignments and received a score of 60 points or higher receive a grade corresponding to the grade received without additional testing.

For students who have completed all the required tasks but received a score below 60 points, as well as for those who wish to improve their score (result), the teacher conducts a final work in the form of a test during the last scheduled lesson in the discipline in the academic semester.

**Evaluation of additional (individual) types of educational activities.** Additional (individual) types of educational activities include the participation of applicants in scientific conferences, scientific circles of applicants and problem groups, preparation of publications, participation in All-Ukrainian Olympiads and competitions and International competitions, etc. in excess of the tasks established by the relevant work program of the academic discipline.

By decision of the department, students who participated in research work and performed certain types of additional (individual) educational activities may be awarded incentive (bonus) points for a specific educational component.

#### **Assessment of independent work**

The total number of points received by a student for completing independent work is one of the components of academic success in the discipline. Independent work on each topic, in accordance with the course program, is evaluated in the range from 0 to 3 points using standardized and generalized knowledge assessment criteria.

**Scale for evaluating the performance of independent work (individual tasks) evaluation criteria.**

Maximum possible assessment of independent work (individual tasks)	Execution level			
	Perfectly	Good	Satisfactorily	Unsatisfactorily
3	3	2	1	0

Forms of assessment include: ongoing assessment of practical work; ongoing assessment of knowledge acquisition based on oral responses, reports, presentations and other forms of participation during practical (seminar) classes; individual or group projects requiring the development of practical skills and competencies (optional format); solving situational tasks; preparing summaries of independently studied topics; testing or written exams; preparing draft articles, conference abstracts and other publications; other forms that ensure comprehensive mastery of the curriculum and contribute to the gradual development of skills for effective independent professional (practical, scientific and theoretical) activity at a high level.

To assess the learning outcomes of a higher education applicant during the semester, a 100-point, national and ECTS assessment scale is used.

#### **Final assessment scale: national and ECTS**

Total points for all types of learning activities	ECT8 assessment	National scale assessment	
		for exam, course project (work), practice	for credit
90 – 100	AND	perfectly	Enrolled
82-89	IN	good	
75-81	WITH		
68-74	D	satisfactorily	
60-67	THERE		
35-59	FX	unsatisfactory with the possibility of reassembly	not accepted with the possibility of retaking
0-34	F	unsatisfactory with mandatory re-study of the discipline	not passed with mandatory re-study of the discipline

#### **Course policy**

To successfully complete the course "Suicidology", the student must:

- regularly attend lectures and practical classes;
- work systematically, systematically and actively in lectures and practical classes;
- make up for missed classes or unsatisfactory grades received in classes;
- to fully perform the tasks that the teacher requires to prepare, their quality is appropriate;
- perform control and other independent work;
- adhere to the norms of academic conduct and ethics.

Course «Suicidology» involves the assimilation and observance of the principles of ethics and academic integrity, in particular the orientation towards preventing plagiarism in any of its manifestations: all works, reports, essays, abstracts and presentations must be original and authorial, not overloaded with quotations, and must be accompanied by references to primary sources. Violations of academic integrity are considered to be: academic plagiarism, self-plagiarism, fabrication, falsification, copying, deception, bribery, and biased evaluation.

The assessment of the student is focused on receiving points for activity in seminar classes, completing tasks for independent work, as well as completing tasks that are capable of developing practical skills and abilities for which, at the teacher's decision, additional (bonus) points may be awarded (participation in round tables, scientific conferences, olympiads and scientific

competitions among students).

### **Recommended sources of information:**

#### **Main sources:**

1. Sarzhevsky S. N. Suicidology: a textbook / S. N. Sarzhevsky. – Zaporizhzhia, 2020. – 87 p.
2. Suicidology: lecture notes / compiled by I. G. Mudrenko. – Sumy: Sumy State University, 2022. – 76 p.
3. Moskalets V.P., Orban-Lembrik L.E. Psychology of suicide. Manual. K.: 2014. – 218 p.
4. Mokhovikov O. M. Does mental pain cause suicide? Experience use of the E. Shneidman mental pain scale / O.M. Mokhovikov, O.Yu. Donets // Forum of Psychiatry and Psychotherapy. – 2011. – Vol. 2. – pp. 45-54.
5. Osetrova O.O. Suicidology: a textbook. – D.: DNU, 2016. – 183 p.
6. Psychology of suicide: a manual / edited by V. P. Moskalts. – K., 2017. – 340 p.

#### **Supporting literature**

1. Mudrenko I. G. Clinical Suicidology: a manual / I. G. Mudrenko; edited by L. M. Yuryeva, N. O. Maruta, I. V. Linsky. – Kharkiv: Strokov D. V., 2020. – 302 p.
2. Druz O. V. Alcohol and drugs in the genesis of suicidal behavior young people / O. V. Druz // Forum of Psychiatry and Psychotherapy. – 2010. – Vol. 2. – pp. 28-32.
3. Trusova S. M. Socio-psychological prerequisites and prevention suicidal behavior of adolescents and youth / S. M. Trusova. – K., 2015. – 218 p.
4. Fedorenko R. P. Psychology of suicide: a teaching aid / R. P. Fedorenko. – Lutsk: Lesya Ukrainka National University, 2011. – 260 p.
5. Shneidman E. The Soul of a Suicide. – Theory and Practice of Psychological assistance. – Kh.: ZMIST, 2011. – 315 p.
6. Mudrenko I. G. Suicidal behavior in patients with dementia: author's abstract of the dissertation ... Dr. of Medical Sciences: 14.01.16 / I. G. Mudrenko. – Kharkiv, 2020. – 40 p.

#### **Information resources on the Internet**

1. Educational and methodological complex of the academic discipline "Fundamentals suicidology". Access mode: <http://er.nau.edu.ua/handle/NAU/>