



Private Joint-Stock Company
"Higher Educational Institution
"Interregional Academy of Personnel Management"
 (name of educational unit)

Approved:
 Name of the department _____
 Minute No. _ dated “_” _____ 2025

Head of the department _____

 (signature)
 (full name)

SYLLABUS
 of the academical discipline
«GENERAL PSYCHOLOGY»

Specialties: C4 Psychology

Educational level: first (bachelor's) level

Study program: "Psychology"

General information about the academic discipline

Name of the academic discipline	Experimental Psychology
Code and name of the specialty	C4 Psychology
Level of higher education	first (bachelor's) level of higher education
Status of the discipline	compulsory
Number of credits and hours	9 credits / 270 hours. Lectures: 54 Seminars: 66 Students' independent work: 150
Terms of studying the discipline	I, II
Language of instruction	Ukrainian
Type of final control	Pass/fail, exam

General information about the instructor. Contact information.

Full name of the instructor	
Academic degree	
Position	
Areas of scientific research	
Links to the registers of identifiers for scientists	
Contact information	
E-mail:	
Department phone	
Instructor's portfolio on the website	

Course abstract. Studying the academic discipline "General Psychology" is of particular importance and provides higher education students with a wide range of worldviews on the most important socio-psychological problems of society's development. General psychology provides an opportunity to lay the foundation of psychological knowledge by introducing students to the most general concepts, problems and patterns of human mental activity. A number of problems of general psychology will be further detailed in other disciplines. The entire course will

create a conceptual and methodological basis for their assimilation.

The subject of study of the academic discipline is the patterns of development and manifestations of mental phenomena and their mechanisms, as well as topical issues of the inner mental world of man, mental processes, states, properties, laws of the emergence, development and course of mental activity, the formation of human mental properties, the vital significance of the psyche. Human mental life is complex and has many forms of manifestation. Mental phenomena are peculiar subjective experiences, subjective images of phenomena of real reality reflected in consciousness, this is the inner world of a person in all its completeness and diversity. The mental life of a person encompasses his cognitive activity - sensations, perception, memory, thinking, imagination, emotional-volitional - various feelings, experiences, as well as manifestations of will - volitional qualities. An important aspect of mental life is the incentives for activity - needs, interests, beliefs, ideals. A special group of mental phenomena is made up of individual psychological properties of the personality - abilities, temperament, character and its mental states - elation, depression, excitement, indifference

The purpose of the course is to acquire by higher education students thorough comprehensive systemic-theoretical and scientifically-applied knowledge on the subject of the academic discipline through the study of problematic aspects of the human psyche. The purpose of the course "General Psychology" is to reveal the regularities of the functioning and manifestations of the human psyche, personality, to contribute on this basis to the formation of a general psychological culture and competence of students, their readiness for professional activity.

To provide higher education students with theoretical knowledge in the analysis of the subject of study of psychology as a science, the history of its formation and the modern system of psychological knowledge; study of the concepts of the psyche and consciousness, their functions and structures; disclosure of typical mental processes and states, their content and functioning; study of the psychological essence of the concepts of personality and activity; determination of the specifics of the mental properties of a person.

Objectives of the academic discipline: disclosure of the scientific and psychological foundations of solving a complex of topical, caused by modern challenges of socio-psychological problems of Ukrainian society; assimilation and formation of both theoretical knowledge about the psyche and the application of theoretical concepts to the specific needs of scientific and research activities of higher education students depending on their scientific specialization; formation of independent thinking, skills in analyzing problematic issues of practical psychology, studying the laws of mental activity; revealing the essence, structure and functions of the psyche; studying the role of mental phenomena in a person's knowledge of himself and the world around him, in his activities and communication; determining the role of hereditary and acquired, biological and social in the development of the psyche; studying the relationship between the

psyche and the brain.

Prerequisites of the academic discipline.

Postrequisites of the academic discipline. The knowledge and skills obtained by students in the process of studying the academic discipline "General Psychology" contribute to the successful study by higher education students of a number of other academic disciplines aimed at the formation of professional knowledge and skills: "Practical course in general psychology", "Personality psychology", "Social psychology and sociology", "Age psychology and pedagogy", "Differential psychology", "Personality psychology" and others.

The academic discipline ensures the formation of general and special competencies by students and the acquisition of learning outcomes defined by the educational and professional program "Psychology", namely:

Program competencies

General Competencies	GC1. Ability to apply knowledge in practical situations. GC2. Knowledge and understanding of the subject area and understanding of professional activity. GC4. Ability to learn and master modern knowledge. GC6. Ability to make informed decisions.
Specific Competence	SC1. Ability to operate with the categorical and conceptual apparatus of psychology SC2. Ability to retrospectively analyze domestic and foreign experience in understanding the nature of the emergence, functioning and development of mental phenomena. SC3. Ability to understand the nature of behavior, activity and actions. SC5. Ability to use valid and reliable psychodiagnostic tools SC6. Ability to independently plan, organize and conduct psychological research SC7. Ability to analyze and systematize the results obtained, formulate reasoned conclusions and recommendations SC12. Ability to understand the social conditioning of the personality and the life path of the individual, as well as the role of the individual in the life of social organizations and communities.
Learning outcomes	PLO 1 Analyze and explain mental phenomena, identify psychological problems and suggest ways to solve them

	<p>PLO 2 Understand the patterns and features of the development and functioning of mental phenomena in the context of professional tasks.</p> <p>PLO 3 Search for information from various sources, including using information and communication technologies, to solve professional tasks.</p> <p>PLO 4 Substantiate one's own position, draw independent conclusions based on the results of one's own research and analysis of literary sources.</p> <p>PLO 5 Choose and apply valid and reliable psychodiagnostic tools (tests, questionnaires, projective methods, etc.) of psychological research and psychological assistance technologies.</p> <p>PLO 6 Formulate the goal and objectives of the research, have the skills to collect primary material, follow the research procedure.</p> <p>PLO 7 Reflect and critically evaluate the reliability of the obtained results of psychological research, formulate reasoned conclusions.</p> <p>PLO 9 To propose own ways of solving psychological tasks and problems in the process of professional activity, to make and argue own decisions regarding their solution (in particular, regarding the organization of early delivery events).</p> <p>PLO 11 To draw up and implement a plan for the consultative process taking into account the specifics of the request and the individual characteristics of the client, to ensure the effectiveness of one's own actions (including in working with persons who have received psychological trauma, in particular as a result of war).</p>
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Content of the academic discipline (full-time study)

№	Topic name	Number of hours
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		L e c t u r e s	S e m i n a r s	I n d i v i d u a l w o r k	Teaching methods/assessment methods
Semester 1					Teaching methods: verbal (teaching lecture; conversation; educational discussion); inductive method; deductive method; analytical; synthetic; practical; explanatory- illustrative; reproductive; problem-based presentation method; partially- search; research; interactive methods (situation analysis; discussions, debates, polemics; dialogue, synthesis of thoughts; brainstorming; skills development; situational modeling, processing of discussion questions); modeling of professional
Content Module 1. Introduction to General Psychology and its Methods.					
Topic 1.	Subject and tasks of general psychology	2	2	6	
Topic 2.	Stages of development of psychology	2	2	6	
Topic 3.	Directions of psychology	2	2	8	
Topic 4.	Formation of psychological thought in Ukraine	2	2	6	
Topic 5.	Main groups of methods (observation, experiment)	2	4	6	
Topic 6.	Additional methods of psychology	2	4	6	
Topic 7.	Psyche as an object of psychology	2	4	8	
Content module 2. Individual psychological characteristics of the personality					
Topic 8.	The concept of temperament. Types of temperament	2	4	6	
Topic 9.	The concept of temperament. Types of temperament	2	4	6	
Topic 10.	The concept of abilities, types of structure	2	4	4	

					activity; innovative teaching methods (competence; project-research); case method. Assessment methods: oral control (oral survey, assessment of participation in discussions, other interactive teaching methods); written control (control, independent work, essays); test control (closed-form tests: test-alternative, test-correspondence); method of self-control and self-assessment; evaluation of case studies.
Modular test work					
Total :		2	3	6	
		0	2	8	
Form of control: pass/fail (credit)					

№	Topic name	Number of hours			
		L e c t u r e s	S e m i n a r s	I n d i v i d u a l w o r k	Teaching methods/assessment methods

2nd semester					Teaching methods: verbal (teaching lecture; conversation; educational discussion); inductive method; deductive method; translational method; analytical; synthetic; practical (working with plots of legal cases); explanatory-illustrative; reproductive; problem-based presentation method; partially-search; research; interactive methods (situation analysis; discussions, debates, polemics; dialogue, synthesis of thoughts; brainstorming; skills development; situational modeling, processing of discussion questions); modeling of professional activity; innovative teaching methods (competence; project-research);
Content module 3. Cognitive and emotional-volitional mental processes					
Topic 11.	The concept of sensation. Classification and types of sensations	2	2	5	
Topic 12.	The concept of perception, types and properties	2	2	5	
Topic 13.	The concept of memory, types and processes	2	2	5	
Topic 14.	The concept of thinking, types and forms of thinking	2	2	5	
Topic 15.	The concept of imagination, types and properties	2	2	5	
Topic 16.	The concept of attention, types and properties	2	2	5	
Topic 17.	The concept of emotions and feelings. Forms of experiencing emotions and feelings.	2	2	5	
Topic 18.	The concept of will. Volitional actions.	2	2	5	
Content module 4. Personality and activity					
Topic 19.	The concept of personality and its structure.	2	2	5	
Topic 20.	Theories of personality.	2	2	5	
Topic 21.	Self-esteem and "I-concept" of personality.	2	2	5	
Topic 22.	Activity and activity.	2	2	5	
Topic 23.	Mastering activity.	2	2	5	
Topic 24.	The concept of group, classification, stages of development.	2	2	5	
Topic 25.	The concept of conflict and interaction in a group.	2	2	5	
Topic 26.	Language and speech as a process of communication		2	5	

Topic 27.	Communication, its types and functions	2	2	2	case method. Assessment methods: oral control (oral survey, assessment of participation in discussions, other interactive teaching methods); written control (control, independent work, essays); test control (closed-form tests: test-alternative, test-correspondence); method of self-control and self-assessment; evaluation of case studies.
Modular test work					
Total :		3	3	8	
		4	4	2	
Form of control: exam					

The content of the student's independent work in the academic discipline "General Psychology" involves preparation for classroom lessons by mastering lecture materials, studying basic and additional literature, periodicals, Internet sources of practice, performing practical tasks (writing essays, analyzing problem situations, preparing the results of one's own research for presentations at conferences, participating in scientific paper competitions, preparing and publishing scientific articles, theses, etc.) during the semester; independent study of individual topics of the academic discipline; preparation of reports and presentations on the topic of practical classes; translation of foreign texts of established volumes; performance of individual tasks; preparation for all types of control, including modular control works and final certification; other types of activities used in the Academy, Institute and Department.

The content of the student's independent work is determined by the work program of the academic discipline of a specific academic discipline, methodological recommendations for tasks and recommendations of the teacher.

Technical equipment and/or software – official website of MAUP:

<http://maup.com.ua> The educational process uses classrooms, a library, a multimedia projector and a computer for conducting lectures and seminars with presentation elements. Studying individual topics and completing practical tasks requires access to information from the World Wide Web, which is provided by a free Wi-Fi network.

Forms and methods of control.

Control of the success of students is divided into ongoing and final (semester).

Ongoing control is carried out during practical (seminar) classes, the purpose of which is to systematically check the understanding and assimilation of theoretical educational material, the ability to use theoretical knowledge when performing practical tasks, etc. The possibilities of ongoing control are extremely wide: motivation for learning, stimulation of educational and cognitive activity, a differentiated approach to learning, individualization of learning, etc.

Forms of student participation in the educational process that are subject to ongoing control:

- oral report;
 - additions, questions to the person answering;
 - systematic work in seminar classes, activity during the discussion of issues;
 - participation in discussions, interactive forms of organizing classes;
 - analysis of legislation and monographic literature;
 - written tasks (tests, tests, creative works, essays, etc.);
 - preparation of theses, summaries of educational or scientific texts;
 - independent study of topics;
 - Control of the success of students is divided into ongoing and final.
- **Methods of ongoing control:** oral control (survey, conversation, report, message, etc.); written control (test work, essay, presentation of material on a given topic in writing, etc.); combined control; presentation of independent work; observation as a control method; test control; problem situations.

Grading system and requirements.

Table of distribution of points received by students (pass/fail)

	Ongoing knowledge control	Modular test	Final assessment	Total points
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Topics	T o p i c 1	T o p i c 2	T o p i c 3	T o p i c 4	T o p i c 5	T o p i c 6	T o p i c 7	T o p i c 8	T o p i c 9	T o p i c 10	20	20	100
Work in a seminar session	10		10		5	10		5	10				
Independent work	1	1	1	1	1	1	1	1	1	1			

The table contains information about the maximum points for each type of academic work of a student.

When assessing the mastery of each topic for the current educational activity, the student is given marks taking into account the approved assessment criteria for the relevant discipline.

The criteria for assessing the learning outcomes of students and the distribution of points they receive are regulated by the Regulations on the assessment of academic achievements of students at PJSC "HEI "IAPM".

Modular control. Modular control work on the academic discipline "General Psychology" is carried out in written form, in the form of testing, namely, closed-form tests: test-alternative, test-correspondence.

Criteria for evaluating the modular test work in the academic discipline "General Psychology":

When evaluating the modular test work, the volume and correctness of the completed tasks are taken into account:

- the grade "excellent" (A) is given for the correct completion of all tasks (or more than 90% of all tasks);

- the grade "good" (B) is given for the completion of 80% of all tasks;

- the grade "good" (C) is given for the completion of 70% of all tasks;

- the grade "satisfactory" (D) is given if 60% of the proposed tasks are completed correctly;

- the grade "satisfactory" (E) is given if more than 50% of the proposed tasks are completed correctly;

- the grade "unsatisfactory" (FX) is given if less than 50% of the tasks are completed.

Absence from the modular test work - 0 points.

The above grades are transformed into rating points as follows:

"A" - 18-20 points;

"B" - 16-17 points;

"C" - 14-15 points;

"D" - 12-13 points.

"E" - 10-11 points;

"FX" - less than 10 points.

The final semester control in the academic discipline "General Psychology" is a mandatory form of assessing the learning outcomes of a student. It is carried out within the time limits established by the educational process schedule and in the volume of educational material determined by the program of the academic discipline.

The final control is carried out in the form of a test (oral). The student is admitted to the semester control provided that he performs all types of work.

Semester control in the form of a test provides that the final grade for the discipline is determined as the sum (simple or weighted) of points for content modules. The final grade is issued based on the results of the student's work throughout the semester. The rating score of the student consists of the points received by the student based on the results of ongoing control measures, incentive points.

Students who have fulfilled all the tasks and have a rating score of 60 or more points receive a grade corresponding to the rating received without additional tests.

With students who have fulfilled all the tasks and have a rating score of less than 60 points, as well as with those students who wish to increase their rating score, the professor conducts a final semester control in the form of a test at the last scheduled lesson in the discipline in the semester.

For the exam:

	Ongoing knowledge control										Modular test	Exam	Total points
Topics	T o p i c 1 1, 1 2	T o p i c 1 3, 1 4	T o p i c 1 5	T o p i c 1 6, 1 7	To p i c 18 ,1 9	T o p i c 2 0	T o p i c 2 1 , 2 2	T o p i c 23 ,2 4	T o p i c 2 5	T o p i c 2 7	20	40	100

Work in a seminar session	5	5	5	5	5	5			
Independent work	1	1	1	1	1	1	1	1	1

The final control is carried out in the form of an exam. The student is admitted to the final control provided that he/she performed all types of work outlined in the syllabus.

The final (semester) grade of the discipline for which the exam is provided is formed from two components: the results (grade) of the ongoing control; exam grade.

The maximum number of points for the ongoing control is 60, for the examination is 40.

The minimum amount by which the exam is considered as passed is 25 points.

The grade for the ongoing control is formed as the sum of rating points received by the student during the seminars/practical classes and incentive (if provided) points.

After evaluating the student's answers on the exam, the professor summarizes the points received for the ongoing control measures and points for the exam to obtain the final grade for the course.

Scale for the assessment of exam tasks

Scale	Total points	Criteria
Excellent level	30–40	The task is completed with high quality; the student has achieved the maximum score in the assessment of theoretical knowledge.
Good level	20–29	The task is completed with high quality and a sufficiently high proportion of correct answers.
Satisfactory level	10–19	The task is completed with an average number of correct answers; the student has demonstrated theoretical knowledge with significant errors.
Unsatisfactory level	0–9	The task is not completed; the student has demonstrated theoretical knowledge with major errors.

Assessment of additional (individual) types of educational activities.
Additional (individual) types of educational activities include the participation of

applicants in scientific conferences, scientific societies and problem groups, preparation of publications, etc. in excess of the tasks established by the relevant syllabus of the academic discipline.

By decision of the department, applicants who participated in scientific research work and performed certain types of additional (individual) types of educational activities may be awarded incentive (bonus) points for a certain educational component.

Incentive points are not normative and are not included in the table of distribution of points received by students and the main scale of the assessment system.

One event can be the basis for setting incentive points only for one most relevant educational component.

The total number of points scored by students for completing tasks for independent work is one of the components of the academic performance in the academic discipline. Independent work on each topic according to the work program of the academic discipline is evaluated in the range from 0 to 3 points using standardized generalized knowledge assessment criteria.

Scale for evaluating the performance of independent work (individual tasks)

The maximum possible assessment of independent work (individual tasks)	Execution level			
	Excellent	Good	Satisfactory	Unsatisfactory
1	1	0,75	0,5	0

Forms of control: ongoing control based on the performance of practical work; ongoing control of knowledge acquisition based on the assessment of oral answers to questions, messages, reports, etc. (in practical (seminar) classes); individual or collective project that requires the formation of practical skills and abilities of students (selective form); solving situational tasks; a summary made on the topic studied independently; testing, performing a written test; draft articles, speech abstracts and other publications, other forms that contribute to the full assimilation of the educational program and the consistent development of skills for effective independent professional (practical and scientific and theoretical) activity at a high level.

To assess the learning outcomes of a student during the semester, a 100-point, national and ECTS assessment scale is used

Summary assessment scale: national and ECTS

Total points for all types of		National scale assessment for exam, course project (work), practice
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		National scale assessment for exam, course project (work), practice	For pass/fail (credit)
90 – 100	A	excellent	pass
82 – 89	B	good	
75 – 81	C		
68 – 74	D	satisfactory	
60 – 67	E		
35 – 59	FX	unsatisfactory with the possibility of retaking	fail unsatisfactory with the possibility of retaking
0 – 34	F	unsatisfactory with mandatory re-study of the discipline	fail unsatisfactory with mandatory re-study of the discipline

Course Policy.

- regularly attend lectures and practical classes;
- work systematically and actively in lectures and practical classes;
- catch-up on missed classes;
- perform the tasks required by the syllabus in full and with appropriate quality;
- perform control and other independent work;
- adhere to the norms of academic behavior and ethics.

The course "General Psychology" involves mastering and adhering to the principles of ethics and academic integrity, in particular, orientation on preventing plagiarism in any of its manifestations: all works, reports, essays, abstracts and presentations must be original and author's, not overloaded with quotes, which must be accompanied by references to primary sources. Violations of academic integrity are considered: academic plagiarism, self-plagiarism, fabrication, falsification, copying, deception, bribery, biased evaluation.

The assessment of the student is focused on receiving points for activity in seminar classes, completing tasks for independent work, as well as completing tasks that can develop practical skills and abilities, for which additional (bonus) points can be awarded (participation in round tables, scientific conferences, scientific competitions among students).

Methodological support of the academic discipline

Teaching and methodological materials that provide support for the discipline: lecture notes, methodological recommendations for conducting practical (seminar) classes and methodological recommendations for independent work of higher education students in the academic discipline "General Psychology".

Recommended sources of information.

Main:

1. General psychology: a textbook. Edited by T.B. Poyasok, O.I. Bespartochna, O.V. Kvasnyk, V.V. Shapolova. Kharkiv: FOP Brovin O.V., 2023. 512 p.
2. General psychology: a textbook. Edited by academician S.D. Maksymenko. 4th ed., revised and supplemented. Volume 1. Kyiv: Lyudmila Publishing House, 2025. 568 p.
3. General psychology. Textbook. Skrypchenko O.V., Dolynska L.V., Ogorodniychuk Z.V. 9th ed. Kyiv. Karavela Publishing House. 2024. 464 p.
4. Savchyn. M. General psychology: a textbook. 4th ed., supplemented. Kyiv: Academy, 2024. 350, p.
5. General psychology (mental processes): teaching aid / Zh. M. Novikova; National University "Lviv. Polytechnic". Lviv: Lviv Polytechnic, 2023. 295 p.

Additional literature:

1. Bedan V.B. Experimental psychology: a workshop for psychology students of the Faculty of Psychology, Political Science and Sociology of the National University "Olya". Odesa: Phoenix, 2021. 89 p.
2. General and age psychology: teaching aid. Compiled by: S. S. Doskach, L. B. Kostyk; Chernivtsi. National University named after Yuri Fedkovych. Chernivtsi: ChNU: Ruta, 2023. 255 p.
3. Katolyk G. Personality Psychology (in diagrams, presentations and tables): a textbook. Galina Katolyk, Natalia Kalka. Lviv: Lviv State University of Internal Affairs, 2022. 158 p.
4. Katsavets R.S. Personality Psychology. A textbook. Kyiv: Alerta. 2021. 134 p.
5. Katsavets R.S. Personality Development Psychology. A textbook. Kyiv: Alerta, 2024. 152 p.
6. Lytvyn A.V., Koval I.S., Yaremko R.Ya. Experimental Psychology: A textbook. Lviv State University of Life Safety. Lviv: LDUBZHD, 2024. 316 p.
7. Practical Psychology: Introduction to the profession. Textbook. 3rd ed., supplemented. Rec. MES Prykhodko Yu.O. Kyiv. Karavela, 2023. 260 p.
8. Psychological dictionary-reference book. Textbook. 3rd ed. Recom. MES of Ukraine Prykhodko Yu.O., Yurchenko V.I. Kyiv. Karavela, 2023. 418 p.
9. Romanovska L.I., Podkorytova L.O. Differential psychology. Lviv. Novyi

svit-2000. 2023. 236 p.

10. Chumak O. A., Tovstukha O.M. Psychodiagnostics: a teaching and methodological manual for organizing educational work on the course of psychodiagnostics for students for higher education of the first (bachelor's) level under the educational and professional program 053 "Psychology" State. closed. "Lugansk. National. Taras Shevchenko Univ." Poltava: Publishing House of Taras Shevchenko National University of Lviv, 2024. 121 p.

Information resources

1. Google Scholar search engine <http://scholar.google.com/>
2. Base search engine <https://www.base-search.net/>
3. System for searching scientific information in open archives of Ukraine (SSM) <https://oai.org.ua/>
4. Electronic library Scientific Periodicals of Ukraine <http://www.irbisnbuv.gov.ua/>