



**Private Joint-Stock Company**  
**"Higher Educational Institution**  
**"Interregional Academy of Personnel Management"**  
 (name of educational unit)

Approved:

Name of the department

Minute No. \_ dated “ \_ ” \_\_\_\_\_ 2025

Head of the department

\_\_\_\_\_  
 (signature)  
 (full name)

***SYLLABUS OF THE ACADEMIC DISCIPLINE***  
***" Personality psychology "***

Specialty: C4 Psychology

Educational level: first (bachelor's) level

Study program: "Psychology"

2025

### General information about the academic discipline

Name of the academic discipline	<b>Personality psychology</b>
Code and name of the specialty	C4 Psychology
Level of higher education	first (bachelor's) level of higher education
Status of the discipline	compulsory
Number of credits and hours	4 credits / 120 hours Lectures : 20 Seminars: 32 Students' independent work : 68
Terms of studying the discipline	5
Language of instruction	Ukrainian
Type of final control	Exam

### General information about the instructor. Contact information.

Full name of the instructor	
Academic degree	
Position	
Areas of scientific research	
Links to the registers of identifiers for scientists	
<b>Contact information</b>	
E-mail:	
Department phone	
Teacher's portfolio on the Institute's website	

**Course abstract.** Studying the academic discipline "Personality Psychology" reveals scientific approaches, principles, and concepts of personality research, which significantly deepen the understanding of the nature, behavior, and properties of personality.

**The subject of study** of the academic discipline is individual properties and age-related differences in personality development.

**The purpose of the course:** is to form in students an understanding of the psychology of individual, typological, and group differences in personality, to acquire knowledge by students about the age-related features of personality formation, to take into account potential, age-related, and individual psychological characteristics of personality.

**Objectives of the academic discipline:** to reveal the basic laws and patterns of personality mental development, to acquire knowledge by students about the age-related features of personality development; knowledge about the periodization of mental development, to familiarize students with age-related and individual personality characteristics, to acquire knowledge about scientific methods for studying age-related features.

**Prerequisites of the academic discipline.** The study of the academic discipline "Personality Psychology" is based on the knowledge and skills obtained by students in the study of the following disciplines: "General Psychology", "Practical Course in General Psychology", "Age Psychology and Pedagogy", "Experimental Psychology", "Psychodiagnostics".

**Postrequisites of the academic discipline.** The knowledge and skills obtained by stu-

dents in the process of studying the academic discipline "Personality Psychology" contribute to the successful study by higher education students of a number of other academic disciplines aimed at the formation of professional knowledge and skills: "Differential Psychology", "Conflictology", "Pathopsychology".

The academic discipline ensures the formation of general and special competencies by students and the acquisition of learning outcomes defined by the educational and professional program "Psychology", namely:

**Program competencies and learning outcomes:**

<b>General Competencies</b>	<b>GC 1.</b> Ability to apply knowledge in practical situations. <b>GC4.</b> Ability to learn and master modern knowledge. <b>GC 5.</b> Ability to be critical and self-critical.
<b>Specific Competencies</b>	<b>SC 1.</b> Ability to operate with the categorical and conceptual apparatus of psychology <b>SC 2.</b> Ability to retrospectively analyze domestic and foreign experience in understanding the nature of the emergence, functioning and development of mental phenomena. <b>SC 3.</b> Ability to understand the nature of behavior, activity and actions. <b>SC 11.</b> Ability to personal and professional self-improvement, learning and self-development. <b>SC 12.</b> Ability to understand the social conditioning of the personality and the life path of the individual, as well as the role of the individual in the life activities of social organizations and communities. <b>SC 14.</b> Ability to understand the patterns of interaction between individuals, social groups and communities.
<b>Learning outcomes</b>	<b>PLO 1.</b> Analyze and explain mental phenomena, identify psychological problems and suggest ways to solve them. <b>PLO 2.</b> Understand the patterns and features of the development and functioning of mental phenomena in the context of professional tasks. <b>PLO 4.</b> Substantiate one's own position, draw independent conclusions based on the results of one's own research and analysis of literary sources. <b>PLO 7.</b> Reflect and critically evaluate the reliability of the obtained results of psychological research, formulate reasoned conclusions. <b>PLO 11.</b> Draw up and implement a plan for the consultative process, taking into account the specifics of the request and the individual characteristics of the client, ensure the effectiveness of one's own actions (including in working with persons who have received psychological trauma, in particular as a result of war).

	<p><b>PLO 16.</b> Know, understand and adhere to the ethical principles of the professional activity of a psychologist.</p> <p><b>PLO 20.</b> Present and justify determinism and hypotheses regarding the emergence and development of socio-psychological phenomena.</p>
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### Content of the academic discipline

№	Topic name	Number of hours, of which:			Teaching methods/assessment methods
		Lec- tures	Sem- -	Inde- pendent	
5th semester					<b>Teaching methods:</b> educational lecture; conversation; discussion; analytical; synthetic; practical, explanatory and illustrative methods; problem-based presentation method; interactive methods (situation analysis; discussions, debates, dialogue, synthesis of thoughts; brainstorming; skills development; processing of discussion questions; innovative teaching methods (competence; research); case method. <b>Assessment methods:</b> oral control (oral survey, assessment of participation in discussions, other interactive teaching methods); written control (control, independent work, essays); test; method of self-control and self-assessment; assessment of case tasks.
<b>Content module 1. Basic approaches to the study of personality in psychology</b>					
Topic 1.	Personality Psychology as a Scientific Discipline	2	4	8	
Topic 2.	Concepts of Personality	2	4	8	
Topic 3.	Dispositional Direction in Personality Psychology	2	4	8	
Topic 4.	Cognitive Approach to Personality	2	4	8	
Topic 5.	Humanistic Direction in Personality Psychology	2	4	8	
<b>Content module 2 Psychological characteristics of personality</b>					
Topic 6-7	Individual-psychological properties of personality	4	4	10	
Topic 8-9	Socio-psychological characteristics of personality	4	4	10	
Topic 10.	Development and formation of personality	2	4	8	
Modular test work					
<b>Total :</b>		<b>20</b>	<b>32</b>	<b>68</b>	
<b>Form of control: exam</b>					

The content of the student's independent work in the academic discipline "Personality

Psychology" involves preparation for classroom lessons by mastering lecture materials, studying basic and additional literature, periodicals, Internet sources, performing practical tasks (writing abstracts, analyzing problem situations, preparing the results of one's own research for presentations at conferences, participating in scientific paper competitions, preparing and publishing scientific articles, theses) during the semester; independent study of individual topics of the academic discipline; preparing reports and presentations on the topic of practical classes; performing individual tasks; preparing for all types of control, including modular control works and final control.

The content of the student's independent work is determined by the work program of the academic discipline of a specific academic discipline, methodological recommendations for tasks and recommendations of the teacher.

### **Technical equipment and/or software** – official website of MAUP:

<http://maup.com.ua> The educational process uses classrooms, a library, a multimedia projector and a computer for conducting lectures and seminars with presentation elements. Studying individual topics and completing practical tasks requires access to information from the Internet, which is provided by a free Wi-Fi network.

### **Forms and methods of control.**

Control of the success of students is divided into ongoing and final (semester).

Ongoing control is carried out during practical (seminar) classes, the purpose of which is to systematically check the understanding and assimilation of theoretical educational material, the ability to use theoretical knowledge when performing practical tasks, etc. The possibilities of ongoing control are extremely wide: motivation for learning, stimulation of educational and cognitive activity, a differentiated approach to learning, individualization of learning, etc.

Forms of student participation in the educational process that are subject to ongoing control:

- oral report;
- additions, questions to the person answering;
- systematic work in seminar classes, activity during the discussion of issues;
- participation in discussions, interactive forms of organizing classes;
- analysis of legislation and monographic literature;
- written tasks (tests, tests, creative works, essays, etc.);
- preparation of theses, summaries of educational or scientific texts;
- independent study of topics;
- Control of the success of students is divided into ongoing and final.

**Methods of ongoing control:** oral control (survey, conversation, report, message, etc.); written control (test work, essay, presentation of material on a given topic in writing, etc.); combined control; presentation of independent work; observation as a control method; test control; problem situations.

### **Grading system and requirements.**

#### **Table of distribution of points received by students**

	<b>Ongoing knowledge control</b>										Modular tests	Exam	Total points
Topics	Topic 1	Topic 2	Topic 3	Topic 4	Topic 5	Topic 6	Topic 7	Topic 8	Topic 9	Topic 10	20	40	100
Work in a seminar session	3	3	3	3	3	4		4		3			
Independent work	2	2	2	2	1	2		2		1			

\*The table contains information about the maximum points for each type of academic work of a higher education applicant.

When assessing the mastery of each topic for the current educational activity, the student is given grades taking into account the approved assessment criteria for the relevant discipline.

**The criteria for assessing** the learning outcomes of students and the distribution of points they receive are regulated by the Regulations on the Assessment of Academic Achievements of Students of Higher Education at PrJSC "HEI "MAUP".

**Modular control.** The modular control work on the educational discipline "Personality Psychology" is carried out at the last lesson of the module in written form, in the form of testing.

Criteria for assessing the modular control work on the educational discipline "Personality Psychology":

when assessing the modular control work, the volume and correctness of the completed tasks are taken into account:

- the grade "excellent" (A) is given for the correct completion of all tasks (or more than 90% of all tasks);

- the grade "good" (B) is given for the completion of 80% of all tasks;

- the grade "good" (C) is given for completing 70% of all tasks;

- the grade "satisfactory" (D) is given if 60% of the proposed tasks are completed correctly;

- the grade "satisfactory" (E) is given if more than 50% of the proposed tasks are completed correctly;

- the grade "unsatisfactory" (FX) is given if less than 50% of the tasks are completed.

Absence from the module test - 0 points.

The above grades are transformed into rating points as follows:

"A" - 18-20 points;

"B" - 16-17 points;

"C" - 14-15 points;



"D" - 12-13 points.

"E" - 10-11 points;

"FX" - less than 10 points.

The final semester control in the academic discipline "Personality Psychology" is a mandatory form of assessing the learning outcomes of a higher education applicant. It is carried out within the time limits established by the schedule of the educational process and in the volume of educational material determined by the program of the academic discipline.

The final control is carried out in the form of an exam (in writing). The student is admitted to the semester control provided that he performs all types of work.

The final (semester) control in the form of an exam consists of two components:

- starting - intended for evaluating current control measures during the semester;
- examination - intended for evaluating individual questions (tasks) on the exam.

The recommended size of the starting component is 60 points, the examination component - 40 points.

The minimum amount by which the exam is considered passed - 25 points.

Starting points are formed as the sum of the rating points received by the applicant based on the results of the current score control measures.

After evaluating the applicant's answers on the exam (performing the exam paper), the teacher summarizes the starting points and exam points, reduces them to a rating score and translates them into grades on the academic scale.

Scale for the assessment of exam tasks

Scale	Total points	Criteria
Excellent level	30–40	The task is completed with high quality; the student has achieved the maximum score in the assessment of theoretical knowledge.
Good level	20–29	The task is completed with high quality and a sufficiently high proportion of correct answers.
Satisfactory level	10–19	The task is completed with an average number of correct answers; the student has demonstrated theoretical knowledge with significant errors.
Unsatisfactory level	0–9	The task is not completed; the student has demonstrated theoretical knowledge with major errors.

**Assessment of additional (individual) types of educational activities.** Additional (individual) types of educational activities include the participation of applicants in scientific conferences, scientific societies and problem groups, preparation of publications, etc. in excess of the tasks established by the relevant syllabus of the academic discipline.

By decision of the department, applicants who participated in scientific research work and performed certain types of additional (individual) types of educational activities may be awarded incentive (bonus) points for a certain educational component.

Incentive points are not normative and are not included in the table of distribution of points received by students and the main scale of the assessment system.

One event can be the basis for setting incentive points only for one most relevant educational component.

The total number of points scored by students for completing tasks for independent work is one of the components of the academic performance in the academic discipline. Independent work on each topic according to the work program of the academic discipline is evaluated in the range from 0 to 2 points using standardized generalized knowledge assessment criteria.

#### Scale for evaluating the performance of independent work (individual tasks)

The maximum possible assessment of independent work (individual tasks)	Execution level			
	Excellent	Good	Satisfactory	Unsatisfactory
2	2	1,5	1	0

Forms of control: ongoing control based on the performance of practical work; ongoing control of knowledge acquisition based on the assessment of oral answers to questions, messages, reports, etc. (in practical (seminar) classes); individual or collective project that requires the formation of practical skills and abilities of students (selective form); solving situational tasks; a summary made on the topic studied independently; testing, performing a written test; draft articles, speech abstracts and other publications, other forms that contribute to the full assimilation of the educational program and the consistent development of skills for effective independent professional (practical and scientific and theoretical) activity at a high level.

To assess the learning outcomes of a student during the semester, a 100-point, national and ECTS assessment scale is used

#### Summary assessment scale: national and ECTS

Total points for all types of learning activities	ECTS assessment	National scale assessment for exam, course project (work), practice	
		National scale assessment for exam, course project (work), practice	For pass/fail (credit)
90 – 100	A	excellent	pass
82 – 89	B	good	
75 – 81	C		
68 – 74	D	satisfactory	
60 – 67	E		

35 – 59	FX	unsatisfactory with the possibility of retaking	fail  unsatisfactory with the possibility of
0 – 34	F	unsatisfactory with mandatory re-study of the discipline	fail  unsatisfactory with mandatory re-study of the discipline

### **Course Policy.**

To successfully master the course "Personality Psychology", the student must:

- regularly attend lectures and practical classes;
- systematically, systematically and actively work in lectures and practical classes;
- work out missed classes or unsatisfactory grades received in classes;
- fully perform the tasks that the teacher requires to prepare, their quality is appropriate;
- perform control and other independent work;
- adhere to the norms of academic behavior and ethics.

The course "Personality Psychology" involves mastering and adhering to the principles of ethics and academic integrity, in particular, an orientation to preventing plagiarism in any of its manifestations: all works, reports, essays, abstracts and presentations must be original and authorial, not overloaded with quotes, which must be accompanied by references to primary sources. Violations of academic integrity are considered to be: academic plagiarism, self-plagiarism, fabrication, falsification, copying, deception, bribery, biased evaluation.

The assessment of the student is focused on obtaining points for activity in seminar classes, completing tasks for independent work, as well as completing tasks that are capable of developing practical skills and abilities for which additional (bonus) points may be awarded, at the teacher's decision (participation in round tables, scientific conferences, olympiads and scientific competitions among students).

### **Methodological support of the academic discipline**

Teaching and methodological materials that provide support for the discipline: lecture notes, methodological recommendations for conducting practical (seminar) classes and methodological recommendations for independent work of higher education students in the academic discipline " Personality Psychology ".

### **Recommended sources of information.**

#### **Main:**

1. Kisil Z. R., Shvets D. V. Motivation of human activity: A textbook in diagrams, tables, comments. Odesa: Publishing house ODUVS, 2023. 154 p.
2. Mitina S. V. Psychology of personality: teaching and methodical manual. Kyiv: Publishing house Lira-K, 2020. 274 p.
3. Moskalets V. P. Psychology of personality. Textbook, 3rd ed. revision. Supplement. Kyiv: Publishing house Lira-K, 2020. 364 p.
4. Moskalets V. P. Psychology of personality. Textbook, 2nd ed. revision. Supplement. Kyiv-Ivano-Frankivsk: Publishing house "Nova Zorya", 2020. 436 p.
5. Psychological support and accompaniment of adults and children in crisis situations: a workshop compiled by Branytska T.R., Matokhnyuk L.O., Shportun O.M. Vinnytsia: Publishing house of the Vinnytsia Academy of Continuing Education, 2022. 131 p.

#### **Additional:**

1. Catholic G. Personality psychology (in diagrams, presentations and tables): a textbook. Lviv: Lviv State Institute of Internal Affairs, 2022. 158 p.
2. Catholic G. Psychology I am a practical child psychologist. Lviv: Publishing Union, 2020.
3. Katsavets R. S. Personality psychology. A textbook. Kyiv: Alerta. 2021. 134 p.
4. Kryukova M. A., Lisovenko A. F. Workshop on psychotherapy and psychocorrection: educational and methodological recommendations (to help with independent work for higher education graduates of the master's degree of the faculty of psychology, political science and sociology) Department of Psychology of the National University "Odesa Law Academy". Odesa: Phoenix, 2020. 40 p.
5. Matviychuk T. Theories of personality in foreign and Ukrainian psychology. Lviv: Publisher Marchenko T., 2021.
6. Rudenko L. A. Fundamentals of psychology and pedagogy: a textbook. Lviv: LSU BZhD, 2020. 146 p.

#### **Information resources:**

1. Education. URL: <http://osvita.ua/school/psychology/>
2. The best online courses in Ukraine and the world. URL: <https://prometheus.org.ua/>
3. Self-education and self-development. URL: <http://www.meta-ukraine.com>
4. Digital library of thematic text collections [Electronic resource] Access mode: <https://www.twirpx.com>.
5. Directory of Open Access Books [Electronic resource] Access mode: <https://www.doabooks.org>
6. [www.nbuv.gov.ua/](http://www.nbuv.gov.ua/) V. I. Vernadsky National Library of Ukraine