



**PJSC "Higher Education Institution
"INTERREGIONAL ACADEMY OF PERSONNEL MANAGEMENT"**

Approved:
Name of the department
Minute No. _ _ dated " _ " 2025

Head of the department

(signature)
(full name)

SYLLABUS
of the academic discipline
«Practical and ethical aspects of psychological counselling»

specialty: C4 Psychology

educational level: second (master's) level

study program: «Psychology»

General information about the academic discipline

Name of the academic discipline	Practical and ethical aspects of psychological counselling
Code(s) and name(s)	C4 Psychology
Specialty(s)	Psychology
Level of higher education	second (master's) level of higher education
Status of the discipline	compulsory
Number of credits and hours	4 credits/ 120 hours Lectures: 20 hours Seminars/practical classes: 26 hours Independent work: 74 hours
Terms of study of the discipline	1
Language of instruction	Ukrainian
Type of final control	Exam

General information about the instructor. Contact information.

Full name of the instructor	
Academic degree	
Position	
Areas of scientific research	
Links to the registers of identifiers for scientists	
Contact information	
E-mail:	
Department phone	
Teacher's portfolio on the Institute's website	

Course abstract. A special place in the activity of a psychologist is occupied by establishing relationships with people of different categories, in this regard, the question of the correlation of the psychologist's activity with the norms of professional ethics arises acutely. Therefore, it is important that future psychologists become competent in the ethical aspects of their profession, since this discipline is designed to form a set of moral imperatives about the duties of a psychologist, his ethical obligations, about the limits of his professional and personal freedom as a specialist whose work involves interference in a person's private life.

The proposed course is aimed at providing students with the necessary knowledge on the basics of professional ethics of a psychologist, on ethical communication in professional activities, on ways to use it in practical activities; to develop skills and abilities to implement professional ethics in practice.

The subject of study of the discipline is the ethics of professional activity of a practical psychologist and a psychologist-scientist. When studying this discipline considers psychology as a branch of psychological science and as a specialty.

The purpose of the academic discipline is to form in the higher education student the abilities to: act on the basis of ethical considerations (motives); preserve and multiply the moral and cultural values of society. The future specialist must realize the importance of the vocation of a psychologist for social life and the full depth of the degree of responsibility assumed when choosing this profession. Moral guidelines fixed in the consciousness of the higher education student during the course of studying the course must be based on respect for the honor and dignity of a person as the highest social value.

The objectives of the academic discipline: To provide students with the necessary knowledge of the basics of professional ethics of a psychologist, of ethical communication in professional activities, of ways of its use in practical activities; to form the skills and abilities to implement professional ethics in practice.

Prerequisites of the academic discipline: This discipline is closely intertwined with philosophy, logic, sociology, ethics and forms the basis for an adequate understanding of the content of many disciplines. When studying this discipline, emphasis will be placed on a combination of traditional (usual) forms of work - lecture, discussion of practical exercises, as well as work with texts, organizing disputes, writing a creative essay. By studying this course, you will have the opportunity to join discussions on important issues of public morality and professional ethics.

Program competencies and learning outcomes:

General Competencies (GC)	<p>GC5. Valuing and respecting diversity and multiculturalism.</p> <p>GC6. Ability to act on the basis of ethical considerations (motives).</p>
Specific (Professional) Competencies (SC)	<p>SC4. Ability to carry out practical activities (training, psychotherapy, counselling, psychodiagnostics, etc., depending on specialisation) using scientifically verified methods and techniques.</p> <p>SC5. Ability to organise and implement educational and awareness-raising activities for different categories of the population in the field of psychology.</p> <p>SC6. Ability to interact effectively with colleagues in mono- and multidisciplinary teams.</p> <p>SC10. Ability to organize and implement educational and awareness-raising activities for different categories of the population in the field of psychology.</p> <p>SC12. Ability to plan and organize psychological services and maintain professional relationships with representatives of various communities and organizations.</p> <p>SC13. Ability to apply psychological and rehabilitation approaches in working with the population in accordance with the best domestic and foreign practices.</p> <p>SC14. Ability to implement coaching programmes and psychological technologies in professional activities.</p> <p>SC15 Ability to apply in-depth knowledge of crisis psychology to provide psychological support and effectively work with stressful conditions of individuals from different segments of the population during wartime and post-war periods.</p>
Program learning outcomes	
Program outcomes	<p>PLO6 Develop educational materials and programmes, implement them, obtain feedback, and evaluate their quality.</p> <p>PLO8 Assess the complexity of tasks and decide whether to seek assistance or further training.</p> <p>PLO9 Resolve ethical dilemmas based on the norms of law, ethical principles, and universal human values.</p> <p>PLO15 Apply in-depth knowledge of crisis psychology to provide psychological support and effectively work with stressful conditions of individuals from different segments</p>

	of the population during wartime and post-war periods.
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Content of the academic discipline:

№	Topic name	Number of hours, of which:			Teaching methods/assessment methods		
		Lectures	Practical classes	Independent work			
1st semester							
Content module I. Psychological foundations of professional activity and ethics of a psychologist							
Topic 1.	Professional ethics as a doctrine of the professional morality of a psychologist.	2	-	10	Teaching methods: verbal (teaching lecture; conversation; educational discussion); inductive method; deductive method; translational method; analytical; synthetic; practical; explanatory-illustrative; reproductive; problem-based presentation method; partially-search; research; interactive methods (situation analysis; discussions, debates, polemics; dialogue, synthesis of thoughts; brainstorming; skills development; situational modeling, processing of discussion questions); modeling of professional activity; innovative teaching methods (competence; project-research); case method.		
Topic 2.	Ethical principles and standards of professional activity of a psychologist.	2	2	10			
Modular test work							
Content module II. Current issues of professional ethics of a psychologist							
Topic 3.	Code of ethics for a practicing psychologist.	2	4	10	Assessment methods: oral control (oral survey, assessment of participation in discussions, other interactive teaching methods); written control		
Topic 4.	Ethical difficulties and mistakes of psychologists beginners.	2	4	10			
Topic 5.	Professional risks of psychologists.	2	4	10	Assessment methods: oral control (oral survey, assessment of participation in discussions, other interactive teaching methods); written control		
Topic 6.	Moral problems of the psychologist's work in special situations	4	4	7			
Topic 7.	Ethical principles and foundations of psychodiagnostics research .	4	4	7	Assessment methods: oral control (oral survey, assessment of participation in discussions, other interactive teaching methods); written control		
Topic 8.	Image and etiquette psychologist.	2	4	10			

					(control, independent work, essays); test control (closed-form tests: test-alternative, test-correspondence); method of self-control and self-assessment; case study evaluation.
Modular test work					
Total :	20	26	74		
Form of control: exam					

Task for independent works

A number of issues of the academic discipline are assigned for independent study. The performance of independent work is assessed separately and is an integral part of the successful completion of the course. To complete the tasks of independent work, you need to make a summary of the issues listed below. Each issue must be thoroughly covered in at least two pages of handwritten text.

1. Concept, structure and types cultures psychologist.
2. The concept, content and forms of manifestation of the moral and informational culture of a psychologist.
3. Problems Internet ethics.
4. Professional certification psychologists.
5. Payment labor psychologists, their legal and social protection.
6. Development psychological education on modern stage.
7. International standards professional activities psychologists.
8. Association psychologists in Ukraine.

Technical equipment and/or software – official website of MAUP:

<http://maup.com.ua> The educational process uses classrooms, a library, a multimedia projector and a computer for conducting lectures and seminars with presentation elements. Studying individual topics and completing practical tasks requires access to information from the Internet, which is provided by a free Wi-Fi network.

Forms and methods of control.

Control of the success of students is divided into ongoing and final (semester).

Ongoing control is carried out during practical (seminar) classes, the purpose of which is to systematically check the understanding and assimilation of theoretical

educational material, the ability to use theoretical knowledge when performing practical tasks, etc. The possibilities of ongoing control are extremely wide: motivation for learning, stimulation of educational and cognitive activity, a differentiated approach to learning, individualization of learning, etc.

Forms of student participation in the educational process that are subject to ongoing control:

- oral report;
- additions, questions to the person answering;
- systematic work in seminar classes, activity during the discussion of issues;
- participation in discussions, interactive forms of organizing classes;
- analysis of legislation and monographic literature;
- written tasks (tests, tests, creative works, essays, etc.);
- preparation of theses, summaries of educational or scientific texts;
- independent study of topics;
- control of the success of students is divided into ongoing and final.

Methods of ongoing control: oral control (survey, conversation, report, message, etc.); written control (test work, essay, presentation of material on a given topic in writing, etc.); combined control; presentation of independent work; observation as a control method; test control; problem situations.

Grading system and requirements.

Table of distribution of points received by students

Topics	Ongoing knowledge control								Modular tests	Exam	Total points
	To pic 1	To pic 2	To pic 3	To pic 4	To pic 5	To pi c 6	To pi c 7	Topi c 8			
Work in a practical session			3	3	3	3	4	4	20	40	100
Independent work	3	3	2	2	2	2	3	3			

The table contains information about the maximum points for each type of academic work of a student.

When assessing the mastery of each topic for the current educational activity, the student is given marks taking into account the approved assessment criteria for the relevant discipline.

The criteria for assessing the learning outcomes of students and the distribution of points they receive are regulated by the Regulations on the assessment of academic achievements of students at PJSC "HEI "MAUP".

Modular control. Modular control work on the academic discipline "Practical and ethical aspects of psychological counselling" is carried out in written form, in the form of testing, namely, closed-form tests: test-alternative, test-correspondence.

Criteria for evaluating the modular test work in the academic discipline "Practical and ethical aspects of psychological counselling":

When evaluating the modular test work, the volume and correctness of the completed tasks are taken into account:

- the grade "excellent" (A) is given for the correct completion of all tasks (or more than 90% of all tasks);

- the grade "good" (B) is given for the completion of 80% of all tasks;

- the grade "good" (C) is given for the completion of 70% of all tasks;

- the grade "satisfactory" (D) is given if 60% of the proposed tasks are completed correctly;

- the grade "satisfactory" (E) is given if more than 50% of the proposed tasks are completed correctly;

- the grade "unsatisfactory" (FX) is given if less than 50% of the tasks are completed.

Absence from the modular test work - 0 points.

The above grades are transformed into rating points as follows:

"A" - 18-20 points;

"B" - 16-17 points;

"C" - 14-15 points;

"D" - 12-13 points.

"E" - 10-11 points;

"FX" - less than 10 points.

The final semester control in the academic discipline «Practical and ethical aspects of psychological counselling» is a mandatory form of assessing the learning outcomes of a student. It is carried out within the time limits established by the educational process schedule and in the volume of educational material determined by the syllabus of the academic discipline.

The final control is carried out in the form of an exam. The student is admitted to the final control provided that he/she performed all types of work outlined in the syllabus.

The final (semester) grade of the discipline for which the exam is provided is formed from two components: the results (grade) of the ongoing control; exam grade.

The maximum number of points for the ongoing control is 60, for the examination is 40.

The minimum amount by which the exam is considered as passed is 25 points.

The grade for the ongoing control is formed as the sum of rating points received by the student during the seminars/practical classes and incentive (if provided) points.

After evaluating the student's answers on the exam, the professor summarizes the points received for the ongoing control measures and points for the exam to obtain the final grade for the course.

Scale for the assessment of exam tasks

Scale	Total points	Criteria
Excellent level	30–40	The task is completed with high quality; the student has achieved the maximum score in the assessment of theoretical knowledge.
Good level	20–29	The task is completed with high quality and a sufficiently high proportion of correct answers.
Satisfactory level	10–19	The task is completed with an average number of correct answers; the student has demonstrated theoretical knowledge with significant errors.
Unsatisfactory level	0–9	The task is not completed; the student has demonstrated theoretical knowledge with major errors.

Assessment of additional (individual) types of educational activities. Additional (individual) types of educational activities include the participation of applicants in scientific conferences, scientific societies and problem groups, preparation of publications, etc. in excess of the tasks established by the relevant syllabus of the academic discipline.

By decision of the department, applicants who participated in scientific research work and performed certain types of additional (individual) types of educational activities may be awarded incentive (bonus) points for a certain educational component.

Incentive points are not normative and are not included in the table of distribution of points received by students and the main scale of the assessment system.

One event can be the basis for setting incentive points only for one most relevant educational component.

The total number of points scored by students for completing tasks for independent work is one of the components of the academic performance in the academic discipline. Independent work on each topic according to the work program of the academic discipline is evaluated in the range from 0 to 2 points using standardized generalized knowledge assessment criteria.

Scale for evaluating the performance of independent work (individual tasks)

The maximum possible assessment of independent work (individual tasks)	Execution level			
	Excellent	Good	Satisfactory	Unsatisfactory
3	3	2	1	0

Forms of control: ongoing control based on the performance of practical work; ongoing control of knowledge acquisition based on the assessment of oral answers to questions, messages, reports, etc. (in practical (seminar) classes); individual or collective project that requires the formation of practical skills and abilities of students (selective form); solving situational tasks; a summary made on the topic studied independently; testing, performing a written test; draft articles, speech abstracts and other publications, other forms that contribute to the full assimilation of the educational program and the consistent development of skills for effective independent professional (practical and scientific and theoretical) activity at a high level.

To assess the learning outcomes of a student during the semester, a 100-point, national and ECTS assessment scale is used.

Summary assessment scale: national and ECTS

Total points for all types of learning activities	ECTS assessment	National scale assessment for exam, course project (work), practice	
		National scale assessment for exam, course project (work), practice	For pass/fail (credit)
90 – 100	A	excellent	pass
82 – 89	B	good	
75 – 81	C		
68 – 74	D	satisfactory	
60 – 67	E		fail
35 – 59	FX	unsatisfactory with the possibility of retaking	
0 – 34	F	unsatisfactory with mandatory re-study of the discipline	

Course Policy.

- regularly attend lectures and practical classes;
- work systematically and actively in lectures and practical classes;
- catch-up on missed classes;
- perform the tasks required by the syllabus in full and with appropriate quality;
- perform control and other independent work;
- adhere to the norms of academic behaviour and ethics.

The course " Practical and ethical aspects of psychological counselling" involves mastering and adhering to the principles of ethics and academic integrity, in particular, orientation on preventing plagiarism in any of its manifestations: all works, reports, essays, abstracts and presentations must be original and author's, not overloaded with quotes, which must be accompanied by references to primary sources. Violations of academic integrity are considered: academic plagiarism, self-plagiarism, fabrication, falsification, copying, deception, bribery, biased evaluation.

The assessment of the student is focused on receiving points for activity in seminar classes, completing tasks for independent work, as well as completing tasks that can develop practical skills and abilities, for which additional (bonus) points can be awarded (participation in round tables, scientific conferences, scientific competitions among students).

Methodological support of the academic discipline

Teaching and methodological materials that provide support for the discipline: lecture notes, methodological recommendations for conducting practical (seminar) classes and methodological recommendations for independent work of higher education students in the academic discipline " Practical and ethical aspects of psychological counselling".

Recommended sources of information

Main

1. Code of Ethics for Psychologists. URL: <https://druzhba.osv.org.ua/etichnij-kodeks-psihologa-11-28-42-27-03-2019/>
2. Psychology: Introduction to the Speciality: Textbook / Petukhova I.O., Zaushnikova M.Yu., Nezhynska O.O., Kostevska N.V.; State Tax University.– Irpin, 2024. – 190 p.
3. Kuzio, O. Fundamentals of Psychological Practice: A Textbook. Lviv: Lviv State University of Internal Affairs, 2022. 124 p. URL: <http://surl.li/hosrq>.
4. Fundamentals of Psychological Counselling: Methodological Recommendations for the Academic Discipline. Compiled by: I. M. Tychyna, A. L. Veselska, Yu. Yu. Demianchuk. Zhytomyr: I. Franko Zhytomyr State

University Publishing House, 2022. 60 p.

Additional

1. Andrushko Ya.S. Psychocorrection: educational -methodical manual. Lviv: Lviv State Internal Affairs Department, 2017. 211p. .
2. Evdokimova O.O. Psychological service: Educational and methodological manual. Kh.: KhNURE, 2013. 204 p.
3. Kalina N.F. Psychotherapy : textbook. K. : Akademvydav, 2010. 288p.
4. Milyutine K.L. Theory and practice of psychological training: a manual. Kyiv: MAUP, 2004. 192 p.
5. Panok V. G. Psychological service: Educational and methodical manual for students and teachers. Kamianets-Podilskyi: Printing House Ruta, 2012. 488p .
6. Perig I.M. Introduction to the specialty “Psychology”. Educational and methodological manual for students of the specialty “Psychology”, “Practical psychology”. Ternopil: TNTU name Ivan Pulyuya, 2017. 63 p.
7. On approval of the Regulations on psychological service in the education system of Ukraine. Order of the Ministry of Education and Science of Ukraine dated 05/22/2018, No. 509.
8. Psychological service in the education system: Course of lectures. / Compiled by: I.S. Zagurska. Zhytomyr: Publishing house of I. Franko Zhytomyr State University, 2015. 166 p.
9. Sydorenko I.S. Current directions works psychologist in small business organizations // *Current problems of psychology. Social psychology. Management psychology. Organizational psychology* . Vol. 4. K., 2002. Pp. 211-213.
10. Skokov S. I. Psychological service in institutions of the penal system of Ukraine. *Practical psychology and social work* . 2002. No. 6. pp. 54- 58.
11. Usatenko AT. Supervision as method increase professionalism of a practicing psychologist. *Psychology and Society* . 2008. No. 2. Pp. 168- 172.
12. Shevchenko L.O., Chepiga L.P. Practical psychology: a textbook. Kharkiv: Konstanta, 2018. 191 p.
13. Shevchuk L. Image psychologist. *Psychologist. Shkilny Svit*. 2009. No. 11/12. P.7-8 .
14. Ethical code psychologist. *Psychologist. Shkilny Svit*. 2004. No. 43. Pp.1- 8.
15. Yatsenko T. S., Gluzman O. V., Usatenko O. M. Methodology of
16. professional preparation of practical psychologist . Dnipropetrovsk : Innovation, 2014. 192 p .

Informational resource

1. <https://stud.com.ua>
2. <https://pidruchniki.com>
3. psylib.org.ua › books › plato01

4. Official website Ministries education and sciences of Ukraine
<https://mon.gov.ua/ua>
5. Official website National agencies from software of the highest quality education <https://naqa.gov.ua/>
6. Search system Google Academy - <http://scholar.google.com>
7. Website "Brain" Maps» - <http://brain-maps.org/>
8. Code of Ethics for Counselling Psychologists. URL:
<https://www.psycounseling.org/ethics>
9. Ethical Standards for the Practice of Cognitive Behavioural Therapy. URL:
<https://i-cbt.org.ua/wp-content/uploads/2023/01/etychni-standarty-UAKPT-4.pdf>
10. Ethical standards for psychologists. URL:
<https://studfile.net/preview/7878523/page:33> Українська Association of Psychotherapists. URL: <https://ucpp.org/dlya-spetsialistiv/ucpp/partners/5-ukrainian-association-of-pschotherapists>